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AYUNTAMIENTO DE TEGUISE





Ayuntamiento de **San Bartolomé** 

















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# What is Vuelta Ciclista a Lanzarote?

The first edition of the Vuelta Ciclista a Lanzarote in the UCI calendar is a non-competitive long-distance cycling event that takes place in all 7 municipalities of Lanzarote, suitable for both enthusiasts and competitors, with the goal of completing a tour of the island in two stages.

A festive atmosphere awaits spectators and athletes at the refreshment points with vibrant "fan zones". Organized by Club La Santa, with the support of Cabildo de Lanzarote (the Island Council of Lanzarote), Lanzarote Sports Destination, Centros Turisticos Lanzarote and the municipalities of the island: Tinajo, Teguise, Haría, Arrecife, Tías, San Bartolomé, and Yaiza.

As well as the endorsement and support of the Canarian Cycling Federation and the Spanish Cycling Federation.

Vuelta Ciclista A Lanzarote is an event that celebrates the spirit of UCI Cycling for All.



## Welcomes



FABIO CABRERA RACE DIRECTOR

From Club La Santa, we would like to express our immense joy and say out loud: Welcome to the first edition of Vuelta Ciclista a Lanzarote, UCI cycling for all!

Today is the start of a new tradition, where hundreds of cyclists, passion for sport and the public's energy all come together to create an unforgettable experience.

We are deeply honoured to be part of this milestone, and we are grateful for all participants and their enthusiasm.

Today's legacy is the result of a journey full of effort and goodwill for sport.

We would also like to thank all institutions that support Vuelta Ciclista a Lanzarote and made it a reality for 2024.

Get ready to enjoy two days full of magic on the island of Lanzarote.

We are looking forward to welcoming you, see you at the start line!





FERNANDO CLAVIJO BATLLE PRESIDENT OF THE CANARY ISLANDS GOVERNMENT

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Through these lines, I would like to express my support for the first edition of Vuelta Ciclista a Lanzarote. This event, endorsed by the UCI, creates a new opportunity to position Canary Islands as an established destination for hosting well-known sports competitions, as well as a social, financial, and leisure appeal that benefits our community.

This event offers an undeniable added value, which is Lanzarote's landscape, and provides the perfect occasion for amateur cyclists to practice and enjoy their favourite sport alongside prominent Spanish cyclists.

Finally, I would like to wish all participants of the 1st edition of Vuelta Ciclista a Lanzarote the best of luck and thank Club La Santa for dedicating 40 years to organizing first-class sports events and promoting the Canary Islands' image.

Congratulations!





#### JOSÉ FRANCISCO PÉREZ GENERAL DIRECTOR OF PHYSICAL ACTIVITY AND SPORTS FOR THE GOVERNMENT OF THE CANARY ISLANDS

The General Physical Activity and Sport Directorate is proud to contribute to the celebration of the Vuelta Ciclista a Lanzarote, an event that is being launched on the island of volcanoes with the firm purpose of promoting the values of sports and establishing itself as a cycling event for everyone.

Cycling enthusiasts have a great opportunity to discover the charms of Lanzarote on two wheels, with a road event that will unite the seven municipalities of the island. The idyllic setting, the climate, and the passion for this sport are enough to ensure the success of this race.

From the General Directorate, we are fully committed to promoting sports and healthy lifestyles. Therefore, we will continue to work to support events like this one that highlight the importance of value education and encourage safe sporting practices.

My thanks and congratulations to the organizers for turning a dream into reality, and my best wishes, both athletically and personally, to the participants. Lanzarote will come alive with its first Vuelta Ciclista.





#### **OSWALDO BETANCORT** PRESIDENT OF THE CABILDO OF LANZAROTE

The first Vuelta Ciclista a Lanzarote, included in the official calendar of the International Cycling Union (UCI), is a unique opportunity to highlight the natural beauty of our island and promote the sporting spirit that defines the island community.

This event will once again place Lanzarote and La Graciosa on the international stage, also responding to the demand from locals and tourists sharing the passion for road cycling and mountain biking.

Cycling tourism is a key part of our active tourism, aligned with our commitment to health and sustainability. The sports concept of the Cabildo fosters practices that promote well-being, recognizing sport as a pillar of a modern society.

The first Vuelta Ciclista a Lanzarote will bring us two exciting days, covering the entire island and combining high-level and amateur sports in a paradisiacal setting. I thank Club La Santa for their organizational efforts, as well as the support that various areas of the Cabildo provide together with the municipalities and the federations. I wish them great

SUCCESS.





JUAN MONZÓN SPORTS COUNCILLOR OF THE CABILDO OF LANZAROTE

First of all, I want to thank all the people who made the celebration of the first edition of the Vuelta Ciclista a Lanzarote possible, a longdistance cycling event of approximately 115 kilometers, from Club La Santa to Puerto del Carmen, aimed at promoting this sport on our island.

We are confident that the athletes participating in the competition will reap the rewards of all the hard work done in the months and years leading up to this event. From the Cabildo of Lanzarote, we want them to feel at home, and for this reason, we have done everything in our power to make sure they do. We hope they experience something unique, not only in terms of sport.

Together, we will ensure that this first edition is a great success for sports and for the island's vibrancy, as it will position Lanzarote as a key point in international cycling.





YONATHAN DE LEÓN MACHÍN MAYOR OF ARRECIFE

Dear neighbors and participants,

As the mayor of Arrecife, it is an honor to welcome all the cyclists, organizers, and fans to this first edition of the Vuelta Ciclista a Lanzarote. This event is an excellent opportunity to show the beauty of our island and the sport spirit that defines us.

This year, we celebrate the 225th anniversary of Arrecife as a municipality, a milestone that fills us with pride. In this special context, the Vuelta Ciclista joins our celebrations, reinforcing Arrecife as a cultural, historical, and sporting reference in the Canary Islands.

From the City Council, we fully support initiatives like this one, which promotes sports tourism and a healthy lifestyle, one of the economic and social pillars of our municipality.

Arrecife, along with all the municipalities on the island, welcome all the cyclists who will ride through its streets, showcasing the best of our land.

We thank the organizers and collaborators for making this event possible. I am sure it will become an unforgettable tradition.

Welcome to Arrecife! May the Vuelta be a great success, and let's continue celebrating together the 225 years of our city!



JOSÉ JUAN CRUZ SAAVEDRA MAYOR OF TÍAS

#### Puerto del Carmen, a hub for cyclists and enthusiasts

The long-distance, non-competitive cycling adventure in Lanzarote presents a great opportunity for the island as a well-established sports destination.

Puerto del Carmen plays a crucial role in this powerful initiative, as our tourist town will serve as the main gathering point for cyclists and enthusiasts during the Vuelta Ciclista a Lanzarote. The first stage will pass through all the municipalities and finish at Plaza de las Naciones in Puerto del Carmen, where the podium will be set up. The second stage will start at Plaza de las Naciones and conclude in the stadium at Club La Santa, the event organizer.

We are deeply grateful for the choice of Puerto del Carmen as the venue to welcome and celebrate this great sporting achievement. We are wellprepared with efficient services, stable infrastructure, excellent beaches, safety, and the friendliness of our people. We hope everyone

#### enjoys this great experience.





**OLIVIA DUQUE PÉREZ** MAYOR OF TEGUISE

As the Mayor of the Teguise City Council, it is a true pleasure for me to welcome you to this tourism-sporting event, which means so much to our municipality. Today, Teguise becomes the perfect stage where sports and tourism intertwine, showcasing not only the natural beauty of our land but also our ability to organize international events.

The Vuelta Ciclista a Lanzarote" offers a unique opportunity for athletes and visitors to experience our municipality and immerse themselves in our traditions. We hope each of you leaves with unforgettable memories of Teguise, not only from the sporting event but also from the genuine warmth of our welcome.

At Teguise Town Hall, we have worked with great enthusiasm to ensure the success of this event. We are convinced that initiatives like this not only promote sports but also boost our tourism, generating economic and social benefits for everyone.

I deeply thank the organizers, sponsors, volunteers, and each of you for your participation and support. Without you, this event would not be possible.

I hope you enjoy this experience to the fullest and that you will return to Teguise.

Thank you very much, and welcome to our municipality.





#### **JESÚS MACHÍN** MAYOR OF TINAJO

As the Mayor of the municipality of Tinajo, I can only express pride in this initiative by Club La Santa, the Vuelta Ciclista a Lanzarote, which will take place on September 28th and 29th, with Tinajo, once again, as the epicentre of the island's sport.

Tinajo is a regular route for cyclists throughout the year, a spectacular location for cycling enthusiasts from around the world.

This event will pass through all the municipalities of the island, with cycling enthusiasts of all kinds covering a total of 189 kilometres in two stages, through the unparalleled landscape of Lanzarote and a

colourful, festive atmosphere.

Thank you to the organisers, security and emergency forces, and to all those who will enjoy this Vuelta Ciclista a Lanzarote. Thank you from Tinajo, the home of Club La Santa, for spreading the spirit of Cycling for All across every corner of the island.





ÓSCAR NODA MAYOR OF YAIZA

Welcoming new sporting events is always fantastic news. Not only it does provide greater exposure for the sport itself—in this case, cycling—but it also shines a spotlight on our beautiful island of Lanzarote, promoted through sports. It celebrates those who train and compete with all their heart and effort, as well as the dedicated people that support each athlete, helping them to achieve their best performance.

From Yaiza, we congratulate the sport of cycling and the athletes who are the stars of the Vuelta Ciclista a Lanzarote. We also commend the organization and the combined efforts that have made this first edition possible, and we hope it marks the beginning of a long journey.

Let's pedal together to embark on new ventures, make progress, and achieve our goals—both in sport and beyond. I foresee great success for the Vuelta Ciclista a Lanzarote. Strength to all!





#### ISIDRO PÉREZ MARTÍN MAYOR OF SAN BARTOLOMÉ

Lanzarote is a paradise, and thanks to its landscape, climate conditions, infrastructure, and the great human quality we possess, we have become an ideal place to host events such as the 1st Vuelta Ciclista de Lanzarote.

The event will pass through all the municipalities on the island, and in San Bartolomé, we are delighted to be part of a regional, national, and international event. As it passes through La Geria, the route will cross our municipality, which serves as the gateway to one of the island's most special and iconic spaces, unique in the world.

Being part of the cyclists' journey makes us part of this unprecedented initiative promoted by Club La Santa, with the support of public administrations and the Canary Islands and Spanish Cycling Federations.

In the municipality of San Bartolomé, we aim to continue working and reinforcing our commitment to sports, and this cycling tour is a great opportunity to grow in a sustainable, inclusive manner, in harmony with the landscape, environment, and the idiosyncrasies of this territory.

On behalf of the City Council and the Government, I would like to welcome the athletes arriving at the Vuelta Ciclista de Lanzarote on September 28th and wish them both a pleasant stay on the island and in our municipality. Best of luck to all participants in this first edition of the event.



ALFREDO VILLALBA MAYOR OF HARÍA

This year we have the opportunity to enjoy the first edition of the Vuelta Ciclista a Lanzarote, a unique event on the island that will pass through our municipality on the upcoming Saturday and Sunday, September 28th and 29th.

During these days, cyclists of all levels will ride through some of the most stunning landscapes of Lanzarote, from the spectacular valleys of our municipality to the unforgettable volcanic routes.

The event not only promotes sports and healthy life style, but also showcases the beauty and uniqueness of our land to the world. Participants will cover 189 km., encouraging sports tourism and reinforcing our identity as a community.

This event marks a new chapter in the sporting history of our municipality. As the Mayor of Haría, I am proud to be part of this initiative, which, given its great sporting and cultural value, we hope will continue to include us in future editions to showcase our heritage.





RAMÓN SIERRA RODRÍGUEZ PRESIDENT OF THE CANARY ISLANDS CYCLING FEDERATION

It is an immense honor for me and for everyone at the Canary Islands Cycling Federation to include the 1st edition of the Vuelta Ciclista a Lanzarote in our calendar. This event will undoubtedly become a benchmark in the Canary Islands, under the organizational seal of Club La Santa and officially recognized by the UCI, creating a strong synergy between sports and tourism.

I want to express my gratitude and appreciation to Club La Santa for their outstanding dedication and commitment to our sport. Their tremendous effort has been instrumental in making this first Vuelta Ciclista a Lanzarote a reality.

I encourage all federated members to participate and all cycling enthusiasts to enjoy this great cycling event in Lanzarote.

I am confident it will be a complete success and the first of many more editions to come.



# **Event Schedule**

WEDNESDAY, September 25 <sup>th</sup>		
16:00	Technical Meeting English + Q&A	Online via Slido
16:30	Technical Meeting Spanish + Q&A	Online via Slido

FRIDAY, September 27 <sup>th</sup>		
09:00-	VCAL merchandise at Club La Santa	The Square, Club
20:00	Sports Shop	La Santa
13:00	Round table presentation with Authorities and Ambassadors Cyclists. Open to the general public.	Islote de Fermina, Arrecife
14:00-	Onsite Registration	The Square, Club
19:30	Onsite Registration	La Santa
15:00-	Welcome Cocktail for participants	The Square, Club
19:30	and companions	La Santa

SATURDAY, September 28 <sup>th</sup> STAGE 1		
06:30	Bus transfer from Puerto del Carmen to Club La Santa	Plaza de Las Naciones, Puerto del Carmen
07:30	Opening of the Stadium entrance	Stadium, Club La Santa
07:30	Bike mechanic service	Stadium, Club La Santa
08:30	Stage 1 Start	Stadium, Club La Santa
09:00-	VCAL merchandise at Club La Santa	The Square, Club La
13:00	Sports Shop	Santa
13:40	Expected arrival time of the 1st participant	Plaza de las Naciones, Puerto del Carmen

14:10	Expected arrival time of the last participant	Plaza de Las Naciones, Puerto del Carmen
14:15 approx.	Stage 1 Closing Ceremony	Plaza de Las Naciones, Puerto del Carmen
14:30	Concert Inerxia band	Plaza de Las Naciones, Puerto del Carmen
15:30	Bus transfer from Puerto del Carmen to Club La Santa	Plaza de Las Naciones, Puerto del Carmen
17:00– 20:00	VCAL merchandise at Club La Santa Sports Shop	The Square, Club La Santa

#### SUNDAY, September 29<sup>th</sup> STAGE 2

06:00	Bus transfer from Club La Santa to Puerto del Carmen	Club La Santa
07:30	Opening of the Plaza de Las Naciones entrance	Plaza de Las Naciones, Puerto del Carmen
07:30	Bike mechanic service	Plaza de Las Naciones, Puerto del Carmen
08:30	Stage 2 Start	Plaza de Las Naciones, Puerto del Carmen
10:00– 17:30	VCAL merchandise at Club La Santa Sports Shop	The Square, Club La Santa
11:30	Expected arrival time of the first participant	Stadium, Club La Santa
11:40	Concert Boulevard band	Stadium, Club La Santa
11:55	Expected arrival time of the last participant	Stadium, Club La Santa



13:00	Closing Ceremony. Open to the general public.	Stadium, Club La Santa
14:00	Bus transfer from Club La Santa to Puerto del Carmen	Club La Santa
21:00- 23:30	Party with the Green Team Band	The Square, Club La Santa



## Regulations

It's mandatory for the participants to read and understand Vuelta Ciclista a Lanzarote regulations. The organisation can disqualify any participant that does not respect these considerations.

The regulations applicable to the event will be governed by:

#### UCI and RFEC

UCI Regulations for Cycling in its <u>Chapter XV "CYCLING FOR ALL"</u>, and the Royal Spanish Cycling Federation technical regulations, <u>X</u> -<u>Regulations for Cycling for All</u>.

#### **General Traffic Regulations**

General Traffic Regulations and specific instructions for dynamic sports events on the road as well as specific instructions for road cycling events, published by the General Directorate of Traffic.

The event will take place on roads where certain sections will be closed to traffic, while in other sections, only the lane for cyclists will be closed, and in some sections, regular traffic will be allowed.

In the latter case, participants will be considered normal users of public roads, subject to the general rules of the Road Safety Law. In both of these cases, participants must always ride in their lane responsibly and with care."

# Specific regulations of the Vuelta Ciclista a Lanzarote

The organization reserves the right to make changes to these

regulations if deemed necessary, and such changes will be communicated on the <u>Vuelta Ciclista a Lanzarote website</u> and through social media channels <u>@clublasantaraces</u>

- 1. All participants must have a valid **Spanish Cycling Federation License** (Cycling or Cyclo-tourism) for the year 2024 or pay the one-day license fee to participate.
- 2. Participants will be identified with a wristband, bike plate and electronic timing chips strapped around their ankle for security controls, intermediate checkpoint timing, and final timing.



- 3. The registered person will only be able to **participate with the bike plate** that has been assigned to him/her and agrees not to allow other people to use it.
- 4. **Teams.** Participants can participate as a team. It must be a team of four members, either male, female or mixed (2 males and 2 females). The team score will be calculated using the times of each team member in each stage. Participants can only be part of one team and team members will also be eligible for individual recognitions.
- 5. Participants will not be allowed to start the event if they do not have the following **equipment**:
  - A. Approved and rigid helmet.
  - B. Proper clothing for weather conditions (glasses, windproof jacket, arm and leg warmers).
  - C. Sufficient water/food for 50km.
  - D. Mobile device with the emergency number of the Vuelta Ciclista:
     +34 686 033 472
  - E. Rear light.
- 6. The event route will be clearly marked to guide participants along the planned course. Information and signage will be provided at the most challenging points, areas where there's a risk of getting lost, aid stations, and more. It is the **participant's responsibility to locate and follow the signage.**
- 7. Cyclists may only receive external assistance from the organization (support vehicles, water, food, spare parts, etc.) during the ride and exclusively at the designated aid stations.
- 8. There will be established **time limits** (cuts-off) for passing several points along the route. If participants arrive at one of these points beyond the time limit and get overtaken by the official **"End of Event"**

**sweep vehicle**, they will be considered out of the event **(DNF)**. The organization will arrange transportation for both the participant and their bike to the finish line.

- 9. The time trial segments are the only competitive sections of the ride. Since this is a non-competitive event, its purpose is to provide an opportunity to socialize and enjoy without competitive pressure.
- 10. If a participant needs to abandon Vuelta Ciclista a Lanzarote for any reason, they must inform the organization to ensure their well-being and coordinate assistance to the end of the route if needed.



Participants can contact the organization members on the course or the sweep vehicle team at the end of the group.

11. Lanzarote is a Biosphere Reserve, and it is the responsibility of all participants to **preserve the environment.** Therefore, it is strictly prohibited, under the penalty of disqualification, to litter or discard waste outside the designated refreshment points.

#### Important:

It is mandatory for each cyclist to ensure, before participating in the Vuelta Ciclista a Lanzarote, that they are in **perfect health** conditions and fit for the physical and mental effort required to complete it.

Each cyclist participates at their own risk and by accepting the present regulations at the time of registration, declares that they are in **suitable physical and health conditions to undertake the cycling event**, as well as having sufficient technical skills to face the route, such as steep slopes, winding descents, sections with other vehicles on the road, etc.

Under no circumstances will **the organizer** be responsible for accidents or health problems of a participant related to their participation in the Vuelta Ciclista a Lanzarote, in any of its distances or modalities.

#### Categories

Categories will be based on the participant's age as of December 31st of the event year.

#### Age Groups:

- Cadets: 15 & 16 years old (can only participate in Stage 2).
- Juniors: 17 & 18 years old.
- Sub 23: 19 to 22 years old.
- Elite: 23 to 29 years old.
- Master 30: 30 to 39 years old.
- Master 40: 40 to 49 years old.
- Master 50: 50 to 59 years old.
- Master 60: 60 to 75 years old.

**Stage 1 and 2:** All athletes from the Junior category to the Master 60 category can participate.

**Stage 2:** athletes in the Cadet category can participate with authorization from their parents or guardians.





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# **Pre-event information**

#### Technical meeting

A technical meeting will be held online via SLIDO on **Wednesday 25<sup>th</sup> September**. It is mandatory to watch the technical meeting which will be available after 16:00.

16:00	Technical Meeting English + Q&A	<u>Online via Slido</u>
16:30	Technical Meeting Spanish + Q&A	<u>Online via Slido</u>

#### Round table

On Friday 27<sup>th</sup> September 2024 at 13:00, there will be a Round table presentation with Authorities and Ambassador Cyclists at Islote de Fermina, Arrecife.

This presentation will be open for participants and spectators.

#### Registration

On Friday 27th September 2024, the athlete pack collection will take place from 14:00 to 19:30 at the Square, Club La Santa. Participants and companions can enjoy a Welcome Cocktail from 15:00 to 19:30 at the same location.

#### What to bring?

- 1. PHOTO IDENTIFICATION.
- 2. **INSURANCE.** You must present A or B:
- A. License for competitive cycling. Participants who are in possession of a license for competitive cycling will be requested to show it in digital

format or hard copy.

# Foreign Participants with a Cycling Federation License (Cycling or Cyclo-tourism) for 2024:

In addition to the license, foreign participants must provide a written authorization from their national federation.

a.This authorization must certify that their insurance is valid for the event: Vuelta Ciclista a Lanzarote (28.09 - 29.09.2024).



- b. The document must be presented during onsite registration on September 27th to collect the bib number.
- B. **1 Day License.** Participants who are not in possession of a license for competitive cycling (RFEC or FCC licence), must apply for a temporary license valid only for the competition, approved by the Royal Spanish Cycling Federation (RFEC).
  - a.Participants can purchase it with their **online registration**. Price: 10€ for 1 stage or 2 stages
  - b. Participants can purchase it on the onsite registration.
     Price: 15€ for 1 stage or 2 stages

#### Can't go to the registration?

You have 2 options:

- A. Someone else collects your athlete pack\*. They will need to present:
  - A written authorisation
  - A copy of their PHOTO IDENTIFICATION
  - \*The person collecting another participant's athlete pack won't be able to take the wristband. The participant him/herself will have to collect it before starting the stage at the Info Point.
- B. Collect it yourself at the information tent:
  - Saturday 28<sup>th</sup>: from 7:30 at The Stadium in Club La Santa
  - Sunday 29th: from 7:30 at Plaza de La Naciones (Puerto del Carmen).

#### What do I get when I register?

- 1. Right to participate
- 2. Technical briefing online
- 3. Timing and time trial results
- 4. Event day on-course nutrition at aid stations
- 5. Free Mechanic assistance on the event days only at the start and finish areas and regroupings

- 6. Medical care on the course
- 7. Pick up service on the course in case of dropout
- 8. Finisher Medal (for participants in both stages)
- 9. Finisher certificate
- 10. First aid assistance



#### What do I get in my athlete pack?

- Athlete pack
  - $\circ$  1 Bike plaque for the handlebar of the bike
  - $\circ$  4 zip ties to attach the plaque to the bike
  - Timing Chip with a Velcro strap to put around the ankle. The chip must be returned afterwards.
- Extra purchases
- Welcome bag including gifts from sponsors
- Participant Bike Bottle
- Official Participant **GOBIK** jersey (for participants that sign up before the 15th of August, 2024)







#### Transport

Shuttle service

The organisation offers the following transport services for the event days:

#### STAGE 1: Saturday, 28<sup>th</sup> of September.

- Before the start:
  - o Shuttle service from Puerto del Carmen to Club La Santa.
  - o Meeting point: 06:30h in Plaza de Las Naciones.
- After the stage:
  - o Shuttle service from Puerto del Carmen to Club La Santa.

Meeting point: 15:30h at Plaza de Las Naciones.

#### STAGE 2: Sunday, 29<sup>th</sup> September.

- Before the start:

o Shuttle service from Club La Santa to Puerto del Carmen.
o Meeting point: 06:00h at Club La Santa.

- After the stage:

 ${\rm o}$  Shuttle service from Club La Santa to Puerto del Carmen.

o Meeting point: 14:00h at Club La Santa.





This transport service can be booked directly from the registration platform during the registration. The price will be 10 euros per trip and includes participant and bike transport.

#### Self-transport

Participants can hire the shuttle service provided by the organisation or reach the start area and go back to their accommodation by their own means (cycling, car rental, etc.).



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Centros de Arte, Cultura y Turismo LANZAROTE



# Vuelta Ciclista a Lanzarote

#### Before the Start

#### Bag Area

There will be a bag area for participants to drop their bags before the stage starts and pick them up at the end.

#### STAGE 1: Saturday, 28<sup>th</sup> of September.

- Bag drop before the start at Club La Santa.
- Bag pick up after the stage at Plaza de Las Naciones.

#### STAGE 2: Sunday, 29<sup>th</sup> September.

- Bag drop before the start at Plaza de Las Naciones
- Bag pick up after the stage at Club La Santa.

#### Where do I wear the bib and chip?

- A. Bike plaque  $\rightarrow$  On the front of the bike
- B. Timing chip  $\rightarrow$  on the left ankle

#### Timing chip

**Before stage 1** at the Registration, you will collect your Timing Chip and the Velcro strap.

**On the event's days** please remember to bring your timing chip and make sure you wear it before the start. The chip will be used to track you and record your times.

If you lose your chip during the tour, you can get a replacement at the Participant Info Point in every regrouping.

After the event day you will need to return it at the Finisher Area. If you participate on both stages, please keep your chip for Stage 2 and return it at the Finisher Area afterwards.

#### CHARGE FOR LOST CHIPS WILL BE 50.00€

#### Bike mechanic service

The organisation will provide bike tech assistance at the following areas:

#### STAGE 1: Saturday, 28<sup>th</sup> of September.

- Before the start at the stadium in Club La Santa (from 07.30 until 08.30)





- Regrouping 1 at el Mirador del Río
- Regrouping 2 at Castillo de San José
- After the stage end at Plaza de Las Naciones (from the time the 1st participant arrives, until 1 hour after the final cut-off)

#### STAGE 2: Sunday, 29<sup>th</sup> September.

- Before the start at Plaza de Las Naciones (from 07.30 until 08.30)
- Descent from Femés at Maciot roundabout
- Regrouping 1 at Plaza Alameda, Yaiza
- After the stage end at the stadium in Club La Santa (from the time the 1st participant arrives, until 1 hour after the final cut-off)

Shimano Más Deportes team will be providing the bike tech assistance.

#### Coffee service

NOI COFFEE will offer complimentary coffee to all participants at Plaza de Las Naciones (Puerto del Carmen) at the end of Stage 1 and before the start of Stage 2.





#### The start

The Vuelta Ciclista a Lanzarote will kick off with a group start.

Participants will position themselves in the designated sections according to their estimated pace. The starting order for the first 15 riders will be determined by the organization based on the assigned race numbers.

Participants must be at the designated starting area **60 minutes before** the scheduled start time of the event.

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STAGE 1: Saturday, 28<sup>th</sup> of September.



- 8:30 at Club La Santa: neutralized start of approximately 7 km
- 11:15 at Mirador del Rio: neutralized start of approximately 11 km
- 12:45 Castillo de San José: neutralized start of approximately 5 km

#### STAGE 2: Sunday, 29<sup>th</sup> September.

- 8:30 at Plaza de las Naciones: neutralized start of approximately 12 km
- 10:45 at Plaza Alameda, Yaiza: neutralized start of approximately
  2.5 km

Important: The leader car can't be overtaken

#### Course Maps

The total distance that cyclists will cover is 190 kilometres: 115 kilometres in the first stage, with a positive elevation gain of 1,700 meters. 75 kilometres approximately in the second stage, with a positive elevation gain of 1,000 meters.

The event route will be marked to guide participants along the planned course.

Information and signage will be provided for the most dangerous points, areas at risk of getting lost, aid stations, etc. It is the participant's responsibility to locate and follow the signage.





### STAGE 1 & 2 189KM

Desnivel positivo acumulado | total elevation gain 2,840m aprox. Punto más alto | highest point 590m





VCAL

#### **STAGE 1** 115KM

Desnivel positivo acumulado | total elevation gain 1,759m aprox. Punto más alto | highest point 590m



VCAL

## STAGE 2 74KM

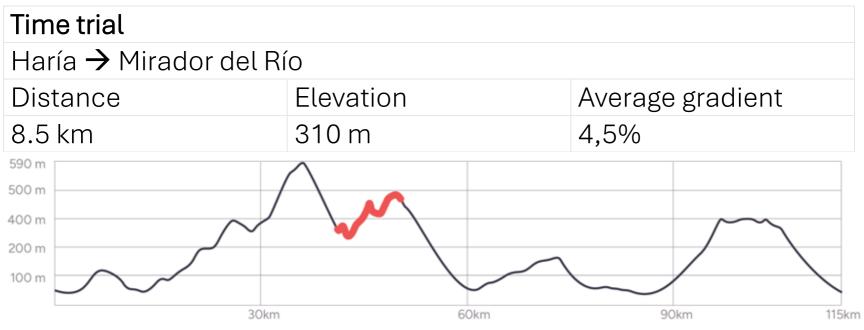
Desnivel positivo acumulado | total elevation gain 1,081m aprox. Punto más alto | highest point 361m



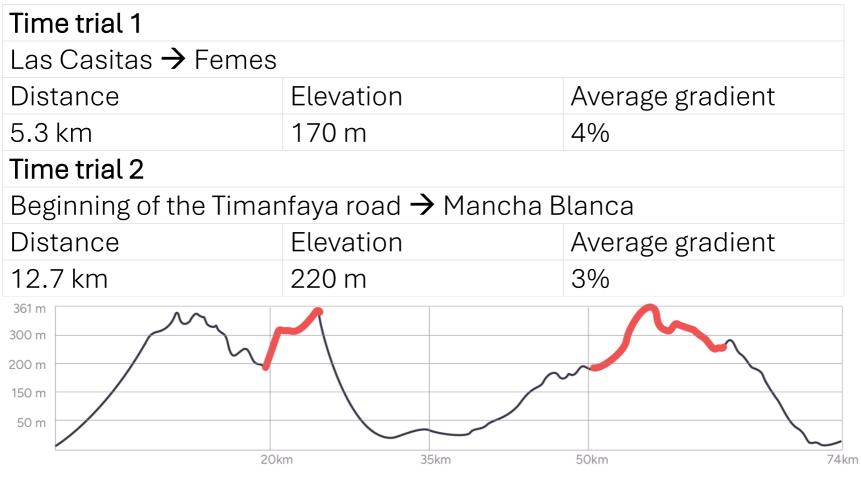
## **Time Trials**

The time trials are the only competitive segments of the ride.

### STAGE 1: Saturday, 28<sup>th</sup> September



### STAGE 2: Sunday, 29<sup>th</sup> September





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## Aid stations

There will be **two types of refreshment points** during the Vuelta Ciclista a Lanzarote route.

Type 1 Aid Station	Type 2 Aid Station	
REGROUPING	AID STATION	
featuring bike racks, mechanic service, refreshment stations,	They will be located at different points along the stage, approximately every 20 km, where participants can dismount and refuel.	
<b>IMPORTANT:</b> All participants will receive their water bottle with their athlete pack. Therefore, the aid stations and the regroupings, will not have additional bottles. These stations will be self-service, where each cyclist can stop and refill their bottles.		

# La Santa A LANZAROTE 226ERS



### Start from the regroupings

STAGE 1			STAGE 2	
Regrouping 1:	Regrouping 2:		Regrouping:	
Mirador del Río	Castillo San José		Plaza Alameda, Yaiza	
KM 50	KM 83		KM 48	
Estimated time to resume the ride	to resu	ed time me the de	Estimated time to resume the ride	
¥		¥	¥	
11:15	12:45		10:45	
+		¥	¥	
Neutralized Start of 11km	_	alized of 5km	Neutralized Start of 2.5km	





Nutrition

STAGE 1			
Aid Station 1	Water in a sport bottle		
KM 25	Coca-Cola		
Cepsa Service	226ERS nutrition: Hydrazero, Isotonic Gel and		
Station, Teguise	Race Day Bar		
Aid Station 2	Water in a sport bottle		
KM 41	Coca-Cola		
Entrance to the	226ERS nutrition: Hydrazero, Isotonic Gel,		
village of Haría	High Energy Gel and Race Day Bar		
Regrouping 1	Water		
	Coca-Cola		
KM 50	226ERS nutrition: Hydrazero, Isotonic Gel and		
	High Fructose Gel		
Mirador del Río			
	Sweet and savoury snacks		
Regrouping 2			
KI*I 83	Coca-Cola 226ERS nutrition: Hydrazero, Isotonic Gel and		
Castillo San José	High Fructose Gel		
	Sandwiches		
/ (100110	Sweet and savoury snacks		
	Sweet and savoury shacks		
Aid Station 1	Water in a sport bottle		
	Coca-Cola		
Casitas de Femés	226ERS nutrition: Hydrazero, Isotonic Gel and		
Bus Stop	Race Day Bar		
Regrouping	Water		
KM 48	Coca-Cola		
Plaza Alameda,	226ERS nutrition: Hydrazero, Isotonic Gel and		
Yaiza	High Energy Gel		
	Sweet and savoury snacks		
	Water in a sport bottle		
	Coca-Cola		
	226ERS nutrition: Hydrazero, Isotonic Gel,		
Blanca	High Fructose Gel and Race Day Bar		



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## Cut-off times

There will be established time limits on the route. These time limits will be generous to allow participants to comfortably cover the distance of the event. If a participant arrives at one of these points beyond the time limit, or if they are overtaken by the closing vehicle, they will not be able to continue in the event. The organization will arrange transportation for both the participant and their bike to the finishing point.

### STAGE 1: Saturday, 28<sup>th</sup> September

Stage 1 starts at 08:30hrs at Club La Santa. Participants must complete the distances before the following cut-off times:

- 1st Cut-off at Mirador del Rio, KM 50: 11:10hrs.
- 2nd Cut-off at Castillo San José, Arrecife. KM 83: 12:33hrs.
- Final Cut-off at Plaza de Las Naciones, Puerto del Carmen. KM 115: 14:10hrs.

### STAGE 2: Sunday, 29<sup>th</sup> September

Stage 2 starts at Plaza de las Naciones, Puerto del Carmen, at 08:30hrs. Participants must complete the distances before the following cut-off times:

- 1st Cut-off at Plaza la Alameda, Yaiza. KM 48: 10:40hrs.
- Final Cut-off at Club La Santa. KM 74: 11:54hrs.

## Finish Area

These are the services you will find at the end of each stage:

STAGE 1: Saturday, 28<sup>th</sup> September

1. Food and drinks. There will be a Finisher Buffet at the end of the Stage. The spectators can access this area. Tickets for spectators

will be sold at the entrance on Saturday, for 30.00€

- 2. Live music by Boulevard band
- 3. Live streaming
- 4. Resting area
- 5. Information Point
- 6. **Bike parking.** All the participants doing both stages can leave their bikes at the designated area at Plaza de Las Naciones, to be picked up on Sunday before Stage 2 starts.

7. Toilets





### STAGE 2: Sunday, 29<sup>th</sup> September

- 1. Food and drinks. There will be a Finisher Buffet at the end of the Stage.
- 2. Live music by Boulevard band
- 3. Live streaming
- 4. Closing Ceremony. Open for Spectators.
- 5. Resting area
- 6. Information Point
- 7. Merchandising Shop
- 8. Toilets
- 9. Showers and changing area
- 10. Massage service. Relaxation massages provided by students of a Massage Therapy school are available on a first-come, first-served basis. In case you need a therapeutic massage, you should contact a physiotherapist.





## **Spectators**

## Live Streaming

The Vuelta Ciclista a Lanzarote will be broadcast in real time on our YouTube channel and at the Open Mall Lanzarote.

Club La Santa YouTube Channel

## Fan Zones

Along the route, there will be "fan zone" points where spectators can gather and cheer on the participants during the ride.

### STAGE 1: Saturday, 28<sup>th</sup> September

- Club La Santa
  - Services: livestreaming, DJ and "create your sign" area.
- . Teguise
  - Services: livestreaming, DJ, "create your sign" area and kids' activity area with face painting.
- Haría:
  - Services: livestreaming, live saxophone music and "create your sign" area.
- · Castillo de San José
  - Services: livestreaming, live music with Boulevard band and "create your sign" area.
- Plaza de Las Naciones
  - Services: livestreaming, live music with Inerxia band and "create your sign" area. Spectators can also buy tickets to enter the finisher buffet.

### STAGE 2: Sunday, 29th September

- Plaza de Las Naciones
  - 。 Services: livestreaming and "create your sign" area.
- Plaza Alameda
  - Services: livestreaming, DJ and "create your sign" area.
- Mancha Blanca
  - 。 Services: livestreaming, DJ and "create your sign" area.
- Club La Santa
  - Services: livestreaming, live music with Boulevard band and "create your sign" area.



## Recognitions

The Closing Ceremony will take place at 13.00 on Sunday 29<sup>th</sup> at the Stadium, in Club La Santa, and it will be open for the general public.

A ranking will be established with the times of all participants who complete the event, and they will be provided with a digital certificate accrediting the distance, elevation, and time taken to complete the course.

## Recognitions

All participants who complete the 2 stages will receive:

- Finisher Medal
- Finisher Diploma: total time and partial times.

We will also have the following recognitions for the best overall times in the Time Trials of both stages:

- Trophy to Top 3 Overall (women/men)
- Trophy to 1st Age Group (women/men)
- Trophy to 1st Conejero
- Trophy to 1st Canarian (women/men)
- Podium for teams (women/men/mixed)

## **Classification**

To be eligible for recognition, it is essential to have completed both stages.

### General Classification (men and women):

The leader of the general classification after the first stage will wear the RED JERSEY in the second stage.

### Team Classification:

. The leader with the best overall time among all teams after the first stage will wear the WHITE JERSEY in the second stage.

### Best Time Trial Overall (men and women):

 The participant with the best cumulative time in the time trials will wear the POLKA DOT JERSEY in the second stage.

### Best Conejero/a:





• The cyclist with the best time in the general classification.

### Best Canario/a:

• The cyclist with the best time in the general classification.



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## Club La Santa, the event host

Club La Santa is a sports and holiday resort. With its state-of-the-art facilities and commitment to providing exceptional experiences, it has become a top destination for athletes and sports enthusiasts from all around the world.

#### **Sustainability**

Club La Santa strives for a positive impact on society and the environment. We aim to make Club La Santa greener and contribute to sustainable tourism with minimal environmental impact. Our sustainability efforts focus on four areas:

- Green Energy: We have an "A" Energy Performance Certificate and utilize solar panels and geothermal heat pumps to generate renewable energy. Our solar-thermal panels provide hot water and heat the swimming pool. Photovoltaic panels generate electricity, covering a portion of our demand.
- Responsible Consumption: We prioritize recycling and reducing consumption in key areas to optimize resource utilization.
- Protecting the Environment: We respect and protect the surrounding nature. We organize Green Walks to collect waste and publish environmental guides to raise awareness about protecting the island's unique habitats and natural resources.
- Collaborations: We actively collaborate with guests, partners, and the local community to foster sustainability and share best practices.

Club La Santa boasts world-class facilities and a wide range of activities that cater to all ages and interests. The resort features numerous swimming pools, tennis courts, fitness centres, and sports halls, providing ample opportunities for guests to engage in various sports and fitness activities. Additionally, Club La Santa offers specialized training camps, workshops, and coaching sessions led by experienced professionals, allowing participants to enhance their skills and improve their performance in their chosen disciplines.

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Enjoy the Club La Santa Lifestyle!



## Club La Santa, Bike Territory

Club La Santa is proud to have received the prestigious **Bike Territory Award** from the Spanish Cycling Federation. This recognition highlights the resort's dedication to promoting cycling as a sport and providing exceptional cycling experiences. The award showcases Club La Santa's commitment to creating a cyclist-friendly environment and offering high-quality services and infrastructure for cyclists of all levels.

### Club La Santa recibe el sello Bike Territory Turismo, concedido por la Real Federación Española de Ciclismo

13 de JUNIO de 2023

El Club La Santa ha recibido la certificación 'Bike Territory Turismo', concedida por la Real Federación Española de Ciclismo, como reconocimiento a su excelencia en el desarrollo y promoción del ciclismo en todas sus modalidades.



De izquierda a derecha, Ramón Sierra, presidente de la Federación Canaria de Ciclismo, Solveig Olsen, directora de Club La Santa, Michael Möller, director de Deportes de Club La Santa y Fabio Cabrera, director de Carreras de Club La Santa



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#### CLUB LA SANTA RECIBE EI

## DISTINTIVO BIKE TERRITORY

El **Club La Santa** de Lanzarote consigue la distinción Bike Territory Turismo como un destino ideal por su infraestructura y servicios para los ciclistas.

### Bike Territory TURISMO

iÚNETE! biketerritory.com

