

# Club La Santa Volcano Triathlon 2024

## Lista de Finalistas

Ran	Dor	Nombre	Nat.	Edad	Grupo	Club	Swim	Ritmo	T1	Bike	Ritmo	T2	Run	Ritmo	Finish	Dif
1.	129	Verluyten, Laurens		MALE	25-29	Team Veldeman-WCUP	20:48	1:23 min/100m	2:30	1:01:12	39.8 km/h	1:08	32:48	3:16 min/km	1:58:26	--
2.	154	Baelde, Sybren		MALE	25-29	LTTD	19:45	1:18 min/100m	3:01	1:01:48	39.4 km/h	1:30	32:55	3:17 min/km	1:58:59	+33
3.	130	Koniarska Ward, Nicholas		MALE	40-44	CLUB TRIDENTE TRIATLoN TINAJO	21:44	1:26 min/100m	2:52	1:00:37	40.2 km/h	1:32	33:34	3:21 min/km	2:00:19	+1:53
4.	123	Vera De Leon, César		MALE	25-29	CLUB NATACION METROPOLE	20:28	1:21 min/100m	3:05	1:07:45	35.9 km/h	1:17	33:22	3:20 min/km	2:05:57	+7:31
5.	164	Quevedo Galindo, Marco		MALE	25-29	CLUB NATACION METROPOLE	21:59	1:27 min/100m	3:21	1:03:27	38.4 km/h	1:45	35:28	3:32 min/km	2:06:00	+7:34
6.	151	Polman, Thijmen		MALE	25-29	Team Sport-lab	22:15	1:28 min/100m	3:00	1:01:47	39.4 km/h	1:23	37:36	3:45 min/km	2:06:01	+7:35
7.	124	Alemán Hernández, Gabriel		MALE	35-39	INDEPENDIENTE	22:11	1:28 min/100m	2:43	1:05:46	37.0 km/h	1:14	34:20	3:26 min/km	2:06:14	+7:48
8.	131	Delgado Rodriguez,		MALE	50-54	TENERIFE - ReACTIVITe FISIOTERAPIA -	20:45	1:22 min/100m	2:43	1:06:30	36.6 km/h	1:33	35:37	3:33 min/km	2:07:08	+8:42
9.	246	Figueroa Hernández, José		MALE	40-44	CLUB NATACION REALES	21:46	1:27 min/100m	2:53	1:06:08	36.8 km/h	1:41	35:23	3:32 min/km	2:07:51	+9:25
10.	289	Ward, Tom		MALE	45-49	Passion Fit	21:32	1:26 min/100m	3:11	1:04:44	37.6 km/h	2:23	36:33	3:39 min/km	2:08:23	+9:57
11.	122	Díaz Santana, Alejandro		MALE	35-39	CD PCABEZA TEAM SOUTH TRIATHLON	23:48	1:35 min/100m	3:24	1:03:55	38.1 km/h	1:46	35:43	3:34 min/km	2:08:36	+10:10
12.	185	Madera Falcón, Jorge		MALE	30-34		23:05	1:32 min/100m	3:24	1:05:39	37.1 km/h	1:51	34:48	3:28 min/km	2:08:47	+10:21
13.	128	Rodríguez Cortés, José		MALE	35-39	CLUB NATACION REALES	21:58	1:27 min/100m	2:51	1:07:01	36.3 km/h	1:26	35:51	3:35 min/km	2:09:07	+10:41
14.	121	Dorta Avila, Adrian		MALE	30-34	CD PCABEZA TEAM SOUTH TRIATHLON	23:33	1:34 min/100m	3:05	1:04:31	37.7 km/h	1:26	37:11	3:43 min/km	2:09:46	+11:20
15.	1	Dant, Lydia		FEMALE	30-34	Passion Fit	22:19	1:29 min/100m	2:53	1:05:46	37.0 km/h	1:54	37:20	3:43 min/km	2:10:12	+11:46
16.	224	González Gómez, Victor		MALE	35-39	Club Deportivo Triatlon Todo por un Sueño	19:33	1:18 min/100m	2:38	1:10:34	34.5 km/h	1:37	37:23	3:44 min/km	2:11:45	+13:19
17.	209	Barro Pacheco, Arturo		MALE	35-39	CLUB DEPORTIVO TRIDAN	21:06	1:24 min/100m	3:11	1:12:10	33.7 km/h	1:29	34:55	3:29 min/km	2:12:51	+14:25
18.	126	Perez Hernandez, Jacobo		MALE	40-44	TENERIFE - ReACTIVITe FISIOTERAPIA -	23:49	1:35 min/100m	3:04	1:08:41	35.4 km/h	1:39	36:12	3:37 min/km	2:13:25	+14:59
19.	297	Price, Ben		MALE	45-49	Riot Racing Club	24:14	1:36 min/100m	2:57	1:06:18	36.7 km/h	1:49	40:17	4:01 min/km	2:15:35	+17:09
20.	205	Vizcaino Sicilia, Jose		MALE	35-39		24:53	1:39 min/100m	3:21	1:07:52	35.9 km/h	2:24	37:31	3:45 min/km	2:16:01	+17:35
21.	175	Tejera Martin, Ayose		MALE	30-34	Sports Club Tripate	24:25	1:37 min/100m	3:13	1:09:48	34.9 km/h	1:25	37:16	3:43 min/km	2:16:07	+17:41
22.	204	Lopez Perez, Zeus		MALE	35-39	CD PCABEZA TEAM SOUTH TRIATHLON	23:41	1:34 min/100m	4:28	1:08:09	35.7 km/h	1:38	38:24	3:50 min/km	2:16:20	+17:54
23.	296	Santana Perera, Marco		MALE	45-49	CLUB TRIDENTE TRIATLoN TINAJO	21:44	1:26 min/100m	4:54	1:10:28	34.5 km/h	1:49	37:26	3:44 min/km	2:16:21	+17:55
24.	287	Gutierrez Gonzales, Moises		MALE	45-49	CLUB CICLISTA TEGALA	25:46	1:43 min/100m	4:20	1:05:02	37.4 km/h	1:55	39:25	3:56 min/km	2:16:28	+18:02
25.	181	Caraballo Robayna,		MALE	30-34	PERENQUEN	25:57	1:43 min/100m	4:07	1:08:18	35.6 km/h	2:12	36:43	3:40 min/km	2:17:17	+18:51
26.	143	Lauwaert, Laurens		MALE	25-29	Triathlon Duathlon Wetteren	28:37	1:54 min/100m	4:03	1:04:36	37.7 km/h	2:11	38:08	3:48 min/km	2:17:35	+19:09
27.	234	Perez Gonzalez, Jose		MALE	40-44	C.D. CUATRO ELEMENTOS MD	23:03	1:32 min/100m	3:29	1:10:43	34.4 km/h	1:32	40:24	4:02 min/km	2:19:11	+20:45
28.	228	Stoutjesdijk, Hans		MALE	40-44	Delta Sport Triathlon	24:29	1:37 min/100m	3:52	1:10:05	34.7 km/h	2:10	39:12	3:55 min/km	2:19:48	+21:22
29.	230	Morales Acuña, David		MALE	40-44	More Coaching	24:42	1:38 min/100m	3:40	1:14:01	32.9 km/h	1:48	35:45	3:34 min/km	2:19:56	+21:30
30.	169	De León Fernández,		MALE	30-34		24:42	1:38 min/100m	3:58	1:11:13	34.2 km/h	1:49	38:53	3:53 min/km	2:20:35	+22:09
31.	8	Bams, Audrey		FEMALE	25-29	Brussels Triathlon Club	21:31	1:26 min/100m	3:18	1:16:14	31.9 km/h	1:27	38:20	3:50 min/km	2:20:50	+22:24
32.	401	Graham, Owen		MALE	25-29	Army Triathlon Association	24:57	1:39 min/100m	3:22	1:15:10	32.4 km/h	2:00	35:41	3:34 min/km	2:21:10	+22:44
33.	133	Domínguez Yanez, Alvaro		MALE	20-24	CLUB NATACION METROPOLE	20:39	1:22 min/100m	2:59	1:14:19	32.8 km/h	1:30	42:02	4:12 min/km	2:21:29	+23:03
34.	315	Ruiz Rivero, Carlos		MALE	50-54	CLUB NATACIoN LAS PALMAS	25:05	1:40 min/100m	3:44	1:12:06	33.8 km/h	1:54	39:07	3:54 min/km	2:21:56	+23:30
35.	262	Suárez Marrero, Yeray		MALE	40-44	C.T.CANDETLoN	24:34	1:38 min/100m	3:34	1:12:43	33.5 km/h	2:01	39:49	3:58 min/km	2:22:41	+24:15
36.	165	Caraballo Garcia, Alejandro		MALE	30-34		26:54	1:47 min/100m	3:49	1:10:24	34.6 km/h	2:22	39:22	3:56 min/km	2:22:51	+24:25
37.	288	Herrero Pérez, Francisco		MALE	45-49	Club Deportivo Triatlon Todo por un Sueño	26:56	1:47 min/100m	4:34	1:12:15	33.7 km/h	1:46	37:22	3:44 min/km	2:22:53	+24:27
38.	179	Alonso Ibáñez, Miguel		MALE	30-34	Club Deportivo Triatlon Todo por un Sueño	27:46	1:51 min/100m	4:03	1:11:54	33.9 km/h	1:20	38:00	3:48 min/km	2:23:03	+24:37
39.	50	Schink, Lina-Kristin		FEMALE	40-44	Temposport the change	25:08	1:40 min/100m	3:47	1:11:56	33.8 km/h	1:46	41:16	4:07 min/km	2:23:53	+25:27

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40.	153	Gonzalez Fajardo, Sergio		MALE	25-29		26:32	1:46 min/100m	3:58	1:13:57	32.9 km/h	2:00	37:31	3:45 min/km	2:23:58	+25:32
41.	212	Styla, Kamil		MALE	35-39	Miloteam	28:41	1:54 min/100m	3:53	1:08:49	35.4 km/h	2:05	40:45	4:04 min/km	2:24:13	+25:47
42.	213	Fariña Arozena, Fernando		MALE	35-39	INDEPENDIENTE	23:34	1:34 min/100m	4:15	1:15:56	32.1 km/h	2:19	38:36	3:51 min/km	2:24:40	+26:14
43.	273	Hernandez Hernandez,		MALE	45-49	CD Soria 9	26:34	1:46 min/100m	3:55	1:15:34	32.2 km/h	2:24	36:30	3:38 min/km	2:24:57	+26:31
44.	306	Gotsens Álvarez, Jordi		MALE	50-54	CLUB TRIATOR	22:06	1:28 min/100m	3:59	1:16:58	31.6 km/h	2:13	40:25	4:02 min/km	2:25:41	+27:15
45.	263	Olivera Curbelo, Coke		MALE	40-44	C.T.CANDETLON	25:47	1:43 min/100m	4:06	1:14:15	32.8 km/h	2:05	39:42	3:58 min/km	2:25:55	+27:29
46.	166	Acosta Perdomo, Gabriel		MALE	30-34	INDEPENDIENTE	24:52	1:39 min/100m	4:08	1:14:49	32.5 km/h	1:50	40:55	4:05 min/km	2:26:34	+28:08
47.	305	Schoenherr, Andreas		MALE	50-54	Trigether	23:32	1:34 min/100m	4:26	1:14:39	32.6 km/h	1:53	42:25	4:14 min/km	2:26:55	+28:29
48.	276	Diaz Fernandez, David		MALE	45-49	CLUB TRIDENTE TRIATLoN TINAJO	26:48	1:47 min/100m	3:15	1:15:09	32.4 km/h	1:30	40:50	4:04 min/km	2:27:32	+29:06
49.	226	Benitez Inglott Bellini,		MALE	40-44	CD PCABEZA TEAM SOUTH TRIATHLON	27:19	1:49 min/100m	4:43	1:12:16	33.7 km/h	2:04	41:29	4:08 min/km	2:27:51	+29:25
50.	5	Nowak, Caroline		FEMALE	20-24	Club La Santa	21:43	1:26 min/100m	3:39	1:19:44	30.5 km/h	1:34	41:22	4:08 min/km	2:28:02	+29:36
51.	331	Torres Galván, Martin		MALE	50-54	CLUB TRIDENTE TRIATLoN TINAJO	24:20	1:37 min/100m	4:32	1:16:29	31.8 km/h	1:38	41:06	4:06 min/km	2:28:05	+29:39
52.	134	Hobson, Richard		MALE	55-59	Triliving	23:24	1:33 min/100m	3:29	1:13:20	33.2 km/h	1:53	46:18	4:37 min/km	2:28:24	+29:58
53.	190	Wuillaume, Laurent		MALE	35-39	TTRS	26:02	1:44 min/100m	3:14	1:15:59	32.0 km/h	2:09	41:02	4:06 min/km	2:28:26	+30:00
54.	311	Fernández Rojas, Jacinto		MALE	50-54	C.D. COSTA TEGUISE	25:27	1:41 min/100m	4:13	1:17:27	31.4 km/h	1:38	39:44	3:58 min/km	2:28:29	+30:03
55.	376	Linner, Uwe		MALE	60-64		22:43	1:30 min/100m	3:44	1:16:29	31.8 km/h	1:58	43:38	4:21 min/km	2:28:32	+30:06
56.	147	Tavio Luzardo, Javier		MALE	25-29	C.T. TRIYAIZA	26:09	1:44 min/100m	3:19	1:17:14	31.5 km/h	1:49	40:03	4:00 min/km	2:28:34	+30:08
57.	327	Hernández Ramirez,		MALE	50-54	CLUB DEPORTIVO PERENQUeN	26:43	1:46 min/100m	3:51	1:14:59	32.5 km/h	2:03	41:01	4:06 min/km	2:28:37	+30:11
58.	7	Boijens, Vivian		FEMALE	25-29	Team Sport-lab	23:55	1:35 min/100m	3:01	1:21:37	29.8 km/h	1:25	39:32	3:57 min/km	2:29:30	+31:04
59.	293	Hemmeløff, Brian		MALE	45-49	RingeTRI	24:34	1:38 min/100m	3:56	1:15:31	32.2 km/h	1:34	44:13	4:25 min/km	2:29:48	+31:22
60.	301	Fernandez Barreto,		MALE	50-54	HTT	26:51	1:47 min/100m	5:06	1:15:08	32.4 km/h	2:02	41:13	4:07 min/km	2:30:20	+31:54
61.	348	Pauwels, Johan		MALE	55-59	Be-fast	26:06	1:44 min/100m	6:56	1:11:08	34.2 km/h	2:07	44:17	4:25 min/km	2:30:34	+32:08
62.	379	Muir, David		MALE	60-64	C.T. TRIYAIZA	26:57	1:47 min/100m	4:41	1:11:59	33.8 km/h	2:07	44:56	4:29 min/km	2:30:40	+32:14
63.	368	Lavender, Paul		MALE	55-59		25:29	1:41 min/100m	4:20	1:16:58	31.6 km/h	2:21	41:42	4:10 min/km	2:30:50	+32:24
64.	180	González González, Alexis		MALE	30-34	Club Deportivo Triatlon Todo por un Sueño	27:15	1:48 min/100m	4:29	1:17:16	31.5 km/h	2:09	39:45	3:58 min/km	2:30:54	+32:28
65.	139	Flader Skov, Hjalte		MALE	20-24		22:54	1:31 min/100m	4:02	1:14:26	32.7 km/h	1:49	48:06	4:48 min/km	2:31:17	+32:51
66.	177	Röhlmann, Hauke		MALE	30-34		23:39	1:34 min/100m	4:36	1:18:23	31.1 km/h	1:57	43:03	4:18 min/km	2:31:38	+33:12
67.	78	Kinsey, Gwen		FEMALE	50-54	Scimitar race team	23:03	1:32 min/100m	3:12	1:21:42	29.8 km/h	1:26	42:21	4:14 min/km	2:31:44	+33:18
68.	254	González Rodriguez, Jose		MALE	40-44		27:50	1:51 min/100m	5:15	1:15:41	32.2 km/h	2:11	41:00	4:05 min/km	2:31:57	+33:31
69.	351	Bello Cárdenes, Alejandro		MALE	55-59	INDEPENDIENTE	25:11	1:40 min/100m	4:14	1:19:48	30.5 km/h	2:23	40:21	4:02 min/km	2:31:57	+33:31
70.	281	Pérez Hernández, Beni		MALE	45-49	C.T.CANDETLON	27:21	1:49 min/100m	4:21	1:19:00	30.8 km/h	1:59	39:30	3:57 min/km	2:32:11	+33:45
71.	198	Deenen, Erik		MALE	35-39		31:15	2:04 min/100m	6:00	1:16:31	31.8 km/h	2:22	36:33	3:39 min/km	2:32:41	+34:15
72.	285	Fontanive, Christian		MALE	45-49		31:24	2:05 min/100m	4:09	1:14:11	32.8 km/h	1:48	41:21	4:08 min/km	2:32:53	+34:27
73.	21	Morris, Natalie		FEMALE	30-34	Passion fit	27:51	1:51 min/100m	4:26	1:16:40	31.7 km/h	2:18	41:50	4:10 min/km	2:33:05	+34:39
74.	355	Hall, Julian		MALE	55-59	CLUB TRI MITTERSILL	29:02	1:56 min/100m	3:24	1:18:37	31.0 km/h	1:46	40:33	4:03 min/km	2:33:22	+34:56
75.	257	Mesa Morales, Aaron		MALE	40-44	CLUB NATACIoN LAS PALMAS	31:58	2:07 min/100m	4:48	1:14:33	32.7 km/h	2:19	40:21	4:02 min/km	2:33:59	+35:33
76.	283	Ocaña Ortega, José Luis		MALE	45-49	C.T. TRIYAIZA	26:03	1:44 min/100m	3:35	1:16:31	31.8 km/h	2:14	46:03	4:36 min/km	2:34:26	+36:00
77.	268	Owen, Shane		MALE	45-49	Speedhub	27:07	1:48 min/100m	4:12	1:15:56	32.1 km/h	3:25	43:48	4:22 min/km	2:34:28	+36:02
78.	140	Gillet, Clément		MALE	20-24	Interior shape Tri Team	28:09	1:52 min/100m	4:17	1:15:27	32.3 km/h	2:34	44:09	4:24 min/km	2:34:36	+36:10

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Ran	Dor	Nombre	Nat.	Edad	Grupo	Club	Swim	Ritmo	T1	Bike	Ritmo	T2	Run	Ritmo	Finish	Dif
79.	332	Exposito Muñoz, David		MALE	50-54	C.D. CUATRO ELEMENTOS MD	28:04	1:52 min/100m	3:48	1:20:40	30.2 km/h	3:04	39:11	3:55 min/km	2:34:47	+36:21
80.	367	Lloyd, Peter		MALE	55-59	Peter Lloyd Coaching	29:49	1:59 min/100m	4:36	1:11:22	34.1 km/h	2:00	47:12	4:43 min/km	2:34:59	+36:33
81.	303	Gonzalez Martin, Eduardo		MALE	50-54		26:53	1:47 min/100m	4:18	1:18:13	31.1 km/h	2:18	43:25	4:20 min/km	2:35:07	+36:41
82.	193	Hernández Alberto,		MALE	35-39	C.T.CANDETLON	31:02	2:04 min/100m	3:59	1:16:47	31.7 km/h	2:21	41:19	4:07 min/km	2:35:28	+37:02
83.	360	Ortega Rodríguez, Juan		MALE	55-59		29:50	1:59 min/100m	5:43	1:14:10	32.8 km/h	1:56	43:50	4:23 min/km	2:35:29	+37:03
84.	3	Perez Catellano, Eva		FEMALE	35-39	CLUB NATACION LAS PALMAS	32:34	2:10 min/100m	3:48	1:17:37	31.4 km/h	1:29	40:07	4:00 min/km	2:35:35	+37:09
85.	211	Kwaks, Pascal		MALE	35-39		29:08	1:56 min/100m	5:58	1:17:32	31.4 km/h	2:20	40:37	4:03 min/km	2:35:35	+37:09
86.	260	Jouault, Ludovic		MALE	40-44	WILD TEAM TRI	29:07	1:56 min/100m	4:09	1:19:16	30.7 km/h	2:23	40:42	4:04 min/km	2:35:37	+37:11
87.	2	Sendin Diego, Ana Belen		FEMALE	45-49	TENERIFE - ReACTIVITe FISIOTERAPIA -	28:33	1:54 min/100m	3:26	1:19:18	30.7 km/h	1:42	42:55	4:17 min/km	2:35:54	+37:28
88.	197	López Pañell, Jordi		MALE	35-39	Club Deportivo Triatlon Todo por un Sueño	25:31	1:42 min/100m	4:33	1:19:35	30.6 km/h	1:55	44:23	4:26 min/km	2:35:57	+37:31
89.	237	Cobos Boza, Julio		MALE	40-44	CD nonadamos	28:14	1:52 min/100m	5:19	1:19:17	30.7 km/h	2:24	41:01	4:06 min/km	2:36:15	+37:49
90.	388	Altuna Elortza, Alejandro		MALE	65-69	Antxintxika Triatloi Taldea	23:34	1:34 min/100m	4:06	1:20:28	30.2 km/h	2:12	45:58	4:35 min/km	2:36:18	+37:52
91.	9	Cabrera Werder, Belinda		FEMALE	25-29	CD Zero Wattios	24:32	1:38 min/100m	4:09	1:19:00	30.8 km/h	1:42	47:21	4:44 min/km	2:36:44	+38:18
92.	310	Ángel Sánchez, Cristobal		MALE	50-54	CLUB TRIDENTE TRIATLoN TINAJO	28:32	1:54 min/100m	4:58	1:15:31	32.2 km/h	2:47	45:07	4:30 min/km	2:36:55	+38:29
93.	275	Danelli, Andrea		MALE	45-49	C.T. TRIYAIZA	27:03	1:48 min/100m	4:49	1:21:20	29.9 km/h	2:49	41:01	4:06 min/km	2:37:02	+38:36
94.	229	González Elvira, Francisco		MALE	40-44		30:52	2:03 min/100m	4:42	1:12:56	33.4 km/h	3:39	44:59	4:29 min/km	2:37:08	+38:42
95.	12	Uroz De La Iglesia, Marta		FEMALE	25-29	CLUB NATACION METROPOLE	26:35	1:46 min/100m	3:35	1:22:33	29.5 km/h	1:59	42:45	4:16 min/km	2:37:27	+39:01
96.	75	Vande Kerckhove, Annick		FEMALE	45-49	CLUB DEPORTIVO SANTISORA	27:07	1:48 min/100m	4:59	1:15:06	32.4 km/h	1:56	48:39	4:51 min/km	2:37:47	+39:21
97.	292	Gonzalez, Alvaro		MALE	45-49	vadebicis	29:01	1:56 min/100m	4:56	1:16:55	31.6 km/h	3:53	43:11	4:19 min/km	2:37:56	+39:30
98.	36	Ward, Loren		FEMALE	35-39	Passion Fit	25:57	1:43 min/100m	3:54	1:18:43	30.9 km/h	2:12	47:10	4:43 min/km	2:37:56	+39:30
99.	62	Brown, Brooke		FEMALE	45-49		26:22	1:45 min/100m	4:36	1:17:40	31.3 km/h	2:12	47:34	4:45 min/km	2:38:24	+39:58
100.	335	Bermudez Rodriguez,		MALE	50-54	CLUB CICLISTA TEGALA	30:41	2:02 min/100m	4:44	1:17:05	31.6 km/h	2:49	43:39	4:21 min/km	2:38:58	+40:32
101.	325	Groothedde, Bas		MALE	50-54	Deltasport Triathlon	26:28	1:45 min/100m	4:11	1:17:23	31.5 km/h	2:14	48:49	4:52 min/km	2:39:05	+40:39
102.	206	Fernández Maldonado,		MALE	35-39	Oites bike team	27:25	1:49 min/100m	5:11	1:19:38	30.6 km/h	2:32	44:33	4:27 min/km	2:39:19	+40:53
103.	261	Pertegal Pérez, José		MALE	40-44		27:11	1:48 min/100m	6:20	1:19:19	30.7 km/h	3:27	43:11	4:19 min/km	2:39:28	+41:02
104.	244	Ocaña Ortega, Justo		MALE	40-44	C.T. TRIYAIZA	27:04	1:48 min/100m	4:46	1:18:39	30.9 km/h	2:01	47:07	4:42 min/km	2:39:37	+41:11
105.	291	De Olano Mata, Alejandro		MALE	45-49	TENERIFE - ReACTIVITe FISIOTERAPIA -	28:23	1:53 min/100m	3:53	1:22:46	29.4 km/h	2:01	43:17	4:19 min/km	2:40:20	+41:54
106.	65	Fontanive, Celine		FEMALE	45-49		28:31	1:54 min/100m	4:39	1:19:11	30.7 km/h	1:54	46:08	4:36 min/km	2:40:23	+41:57
107.	319	Rodriguez Sanchez, Jose		MALE	50-54	C.T.CANDETLON	22:27	1:29 min/100m	3:31	1:20:03	30.4 km/h	2:18	52:07	5:12 min/km	2:40:26	+42:00
108.	238	Romero Guerrero, Adrián		MALE	40-44	C.T.CANDETLON	27:41	1:50 min/100m	5:28	1:19:25	30.6 km/h	1:56	45:59	4:35 min/km	2:40:29	+42:03
109.	309	Cubero Mellado, Francisco		MALE	50-54	CD Soria 9	26:06	1:44 min/100m	4:41	1:21:40	29.8 km/h	2:06	45:59	4:35 min/km	2:40:32	+42:06
110.	329	Cáceres, Jorge		MALE	50-54	Sports Club Tripate	24:27	1:37 min/100m	5:03	1:23:06	29.3 km/h	2:34	45:29	4:32 min/km	2:40:39	+42:13
111.	149	Cirugeda Lopez, Aythami		MALE	25-29	CD NONADAMOS	23:47	1:35 min/100m	5:15	1:26:24	28.2 km/h	2:34	43:28	4:20 min/km	2:41:28	+43:02
112.	171	Benito Guerra, Jesús		MALE	30-34		27:26	1:49 min/100m	7:07	1:21:23	29.9 km/h	1:41	44:00	4:23 min/km	2:41:37	+43:11
113.	25	Olsen, Louise		FEMALE	30-34	/tri club denmark	31:07	2:04 min/100m	4:07	1:17:36	31.4 km/h	2:00	46:58	4:41 min/km	2:41:48	+43:22
114.	168	Gonzalez Suárez, Daniel		MALE	30-34		29:36	1:58 min/100m	4:10	1:20:11	30.4 km/h	1:34	46:22	4:38 min/km	2:41:53	+43:27
115.	195	Scheutwinkel, Wilke		MALE	35-39	Triathlon Team Hamburg	23:34	1:34 min/100m	4:27	1:16:52	31.7 km/h	2:09	54:58	5:29 min/km	2:42:00	+43:34
116.	256	Vega Barriga, Henry		MALE	40-44	Club Deportivo Triatlon Todo por un Sueño	27:53	1:51 min/100m	5:37	1:20:40	30.2 km/h	2:35	45:25	4:32 min/km	2:42:10	+43:44
117.	282	Alonso Calderin, Francisco		MALE	45-49	CD PCabeza Team South Triatlón	30:34	2:02 min/100m	5:59	1:18:24	31.0 km/h	2:56	44:30	4:26 min/km	2:42:23	+43:57

# Club La Santa Volcano Triathlon 2024

## Lista de Finalistas

Ran	Dor	Nombre	Nat.	Edad	Grupo	Club	Swim	Ritmo	T1	Bike	Ritmo	T2	Run	Ritmo	Finish	Dif
118.	232	Jiménez Gutiérrez de Tena,		MALE	40-44	C.T.CANDETLLON	26:32	1:46 min/100m	5:18	1:24:36	28.8 km/h	2:11	43:53	4:23 min/km	2:42:30	+44:04
119.	359	Heemskerk, Henk		MALE	55-59	Loopgroep Groningen	29:01	1:56 min/100m	4:23	1:18:50	30.9 km/h	3:03	47:26	4:44 min/km	2:42:43	+44:17
120.	250	Anderssen González, Knut		MALE	40-44	REAL CLUB NAUTICO DE ARRECIFE	25:58	1:43 min/100m	3:44	1:25:09	28.6 km/h	2:47	45:39	4:33 min/km	2:43:17	+44:51
121.	324	Christensen, Henrik		MALE	50-54	Aaig Tri	29:18	1:57 min/100m	4:21	1:16:38	31.8 km/h	3:11	50:20	5:01 min/km	2:43:48	+45:22
122.	233	Martin Robles, Jonay		MALE	40-44	CD Soria 9	27:29	1:49 min/100m	6:24	1:20:46	30.1 km/h	2:32	46:49	4:40 min/km	2:44:00	+45:34
123.	271	Garcia Toledo, Jose		MALE	45-49	TXTM	25:34	1:42 min/100m	4:54	1:21:40	29.8 km/h	2:09	49:52	4:59 min/km	2:44:09	+45:43
124.	313	Vicente Pradales, Oscar		MALE	50-54	CLUB NATACION METROPOLE	30:22	2:01 min/100m	4:52	1:15:39	32.2 km/h	3:07	50:26	5:02 min/km	2:44:26	+46:00
125.	323	Fernández Febles, Gerardo		MALE	50-54	CLUB CICLISTA TEGALA	28:27	1:53 min/100m	4:27	1:23:08	29.3 km/h	3:04	45:22	4:32 min/km	2:44:28	+46:02
126.	347	Pritchard-Howarth, Martin		MALE	55-59	Total Transition Triathlon Club	28:43	1:54 min/100m	5:17	1:20:51	30.1 km/h	1:53	47:45	4:46 min/km	2:44:29	+46:03
127.	91	Hobson, Dorte		FEMALE	55-59	Triliving	25:56	1:43 min/100m	3:50	1:24:53	28.7 km/h	2:10	47:56	4:47 min/km	2:44:45	+46:19
128.	218	Quesada Brisson, Heber		MALE	35-39	C.D. CUATRO ELEMENTOS MD	29:30	1:57 min/100m	4:59	1:22:21	29.5 km/h	2:36	45:20	4:31 min/km	2:44:46	+46:20
129.	84	Roberts, Paula		FEMALE	50-54		28:30	1:53 min/100m	5:22	1:19:40	30.6 km/h	2:46	48:28	4:50 min/km	2:44:46	+46:20
130.	349	Grodecki, Przemyslaw		MALE	55-59		28:14	1:52 min/100m	5:57	1:18:43	30.9 km/h	3:09	48:50	4:52 min/km	2:44:53	+46:27
131.	161	Sembinielli, Stanislas		MALE	25-29	AD TRIATLON ECOSPORT	28:11	1:52 min/100m	4:38	1:26:08	28.3 km/h	1:40	44:47	4:28 min/km	2:45:24	+46:58
132.	279	Verano Lopez, Antonio		MALE	45-49	C.T.CANDETLLON	27:30	1:49 min/100m	4:06	1:20:17	30.3 km/h	2:13	51:20	5:08 min/km	2:45:26	+47:00
133.	366	Quevedo Monedero, José		MALE	55-59	CLUB NATACION METROPOLE	34:09	2:16 min/100m	5:50	1:10:54	34.3 km/h	3:38	51:22	5:08 min/km	2:45:53	+47:27
134.	207	Clarke, Adam		MALE	35-39		26:04	1:44 min/100m	4:41	1:26:51	28.0 km/h	1:59	46:22	4:38 min/km	2:45:57	+47:31
135.	251	Rapp, Timo		MALE	40-44	ASC Konstanz	33:28	2:13 min/100m	4:01	1:20:47	30.1 km/h	2:52	45:16	4:31 min/km	2:46:24	+47:58
136.	141	Haiser, Alex		MALE	25-29	Motion CrossFit	28:35	1:54 min/100m	5:22	1:26:04	28.3 km/h	2:10	44:18	4:25 min/km	2:46:29	+48:03
137.	54	Döhling, Maïke		FEMALE	40-44		28:01	1:52 min/100m	3:59	1:26:52	28.0 km/h	1:40	45:59	4:35 min/km	2:46:31	+48:05
138.	107	Klitgaard, Gitte		FEMALE	60-64	/tri-club denmark	30:12	2:00 min/100m	4:10	1:18:58	30.8 km/h	3:19	50:05	5:00 min/km	2:46:44	+48:18
139.	270	Cabrera Hilarzek, Agustin		MALE	45-49	Tritagoro	25:36	1:42 min/100m	4:46	1:22:32	29.5 km/h	3:07	51:20	5:07 min/km	2:47:21	+48:55
140.	267	Valbuena Garcia, David		MALE	40-44	Club Tritagoro	30:07	2:00 min/100m	5:45	1:18:58	30.8 km/h	2:28	50:04	5:00 min/km	2:47:22	+48:56
141.	146	Mirabal Castro, Alejandro		MALE	25-29		28:25	1:53 min/100m	6:55	1:24:06	28.9 km/h	3:42	44:23	4:26 min/km	2:47:31	+49:05
142.	350	Sanders, Justin		MALE	55-59		34:20	2:17 min/100m	5:25	1:13:47	33.0 km/h	3:19	50:42	5:04 min/km	2:47:33	+49:07
143.	353	van der Slik, Isaac		MALE	55-59	Team Sport-lab	32:48	2:11 min/100m	5:03	1:13:58	32.9 km/h	2:06	53:46	5:22 min/km	2:47:41	+49:15
144.	343	Cavanagh, Russell		MALE	55-59		27:41	1:50 min/100m	5:39	1:22:11	29.6 km/h	2:41	49:34	4:57 min/km	2:47:46	+49:20
145.	394	Delbaere, René		MALE	65-69	Befast	26:34	1:46 min/100m	4:39	1:24:28	28.8 km/h	3:01	49:18	4:55 min/km	2:48:00	+49:34
146.	374	Schnatz, Oliver		MALE	60-64	SRL Triathlon Koblenz	30:00	1:59 min/100m	5:00	1:24:36	28.8 km/h	2:11	46:37	4:39 min/km	2:48:24	+49:58
147.	34	Mezquita Vázquez, Mónica		FEMALE	30-34	Club Deportivo Triathlon Todo por un Sueño	29:55	1:59 min/100m	6:10	1:23:46	29.1 km/h	2:45	45:52	4:35 min/km	2:48:28	+50:02
148.	338	Emmerson, Simon		MALE	50-54	Bicester Triathlon Club	28:45	1:54 min/100m	3:48	1:26:20	28.2 km/h	1:42	48:12	4:49 min/km	2:48:47	+50:21
149.	249	Pina Oses, Carlos		MALE	40-44	CD Soria 9	27:05	1:48 min/100m	4:37	1:23:53	29.0 km/h	2:12	51:07	5:06 min/km	2:48:54	+50:28
150.	27	Kermietova, Veronika		FEMALE	30-34	CLUB NATACION REALES	28:07	1:52 min/100m	4:06	1:25:22	28.5 km/h	2:12	49:13	4:55 min/km	2:49:00	+50:34
151.	248	Ricote Góngora, David		MALE	40-44	Chamo Diaz	25:41	1:42 min/100m	4:23	1:23:43	29.1 km/h	2:06	53:09	5:18 min/km	2:49:02	+50:36
152.	243	Ocaña Ortega, Carlos		MALE	40-44	C.T. TRIYAIZA	30:19	2:01 min/100m	5:07	1:19:20	30.7 km/h	2:40	51:38	5:09 min/km	2:49:04	+50:38
153.	222	Junyent, Eduardo		MALE	35-39		25:30	1:41 min/100m	5:21	1:30:13	27.0 km/h	1:59	46:06	4:36 min/km	2:49:09	+50:43
154.	361	Santos Montiano, Manuel		MALE	55-59		29:27	1:57 min/100m	7:07	1:25:53	28.3 km/h	3:48	43:00	4:18 min/km	2:49:15	+50:49
155.	23	Bazán Legasa, Marta		FEMALE	30-34	Todo por un sueño	30:42	2:02 min/100m	4:56	1:23:54	29.0 km/h	2:13	47:58	4:47 min/km	2:49:43	+51:17
156.	382	Deridder, Gert		MALE	60-64		33:43	2:14 min/100m	6:54	1:24:56	28.7 km/h	2:36	41:44	4:10 min/km	2:49:53	+51:27

# Club La Santa Volcano Triathlon 2024

## Lista de Finalistas

Ran	Dor	Nombre	Nat.	Edad	Grupo	Club	Swim	Ritmo	T1	Bike	Ritmo	T2	Run	Ritmo	Finish	Dif
157.	85	Magschok, Elke		FEMALE	50-54	Club Natación Metropole	28:59	1:55 min/100m	4:31	1:21:53	29.7 km/h	2:35	52:04	5:12 min/km	2:50:02	+51:36
158.	395	Gill, Bob		MALE	65-69		30:55	2:03 min/100m	4:15	1:25:02	28.6 km/h	1:50	48:12	4:49 min/km	2:50:14	+51:48
159.	97	Falkenstein, Britta		FEMALE	55-59	SV Gladbeck 13	32:25	2:09 min/100m	4:22	1:23:31	29.1 km/h	1:53	48:24	4:50 min/km	2:50:35	+52:09
160.	136	Gebeke, Bjørn		MALE	20-24		27:22	1:49 min/100m	5:50	1:25:11	28.6 km/h	2:16	50:07	5:00 min/km	2:50:46	+52:20
161.	231	Vázquez Rodríguez, Pablo		MALE	40-44	CLUB NATACIoN LAS PALMAS	27:37	1:50 min/100m	4:07	1:29:10	27.3 km/h	1:44	48:16	4:49 min/km	2:50:54	+52:28
162.	37	Ramirez Luengo, Maria		FEMALE	35-39	C.D. CUATRO ELEMENTOS MD	29:13	1:56 min/100m	4:27	1:25:00	28.6 km/h	2:13	50:11	5:01 min/km	2:51:04	+52:38
163.	235	González Duarte, Gabriel		MALE	40-44		26:52	1:47 min/100m	5:16	1:25:44	28.4 km/h	2:39	50:48	5:04 min/km	2:51:19	+52:53
164.	240	Proell, Markus		MALE	40-44	Erdinger Aktive Team	33:04	2:12 min/100m	7:03	1:19:46	30.5 km/h	2:42	48:51	4:53 min/km	2:51:26	+53:00
165.	4	Dahl Christensen, Mie		FEMALE	20-24	Aarhus 1900 Tri	28:34	1:54 min/100m	4:02	1:25:33	28.4 km/h	2:36	50:56	5:05 min/km	2:51:41	+53:15
166.	255	Alvarez Rodriguez, Sergio		MALE	40-44		34:33	2:18 min/100m	6:34	1:21:29	29.9 km/h	2:03	47:02	4:42 min/km	2:51:41	+53:15
167.	334	Herguedas Hurtado,		MALE	50-54	C.T.CANDETLON	28:53	1:55 min/100m	5:54	1:26:06	28.3 km/h	1:51	49:20	4:55 min/km	2:52:04	+53:38
168.	30	Cassady, Grace		FEMALE	30-34		28:21	1:53 min/100m	4:46	1:28:09	27.6 km/h	2:01	48:52	4:53 min/km	2:52:09	+53:43
169.	371	Palmer, Mark		MALE	55-59	Tri Living	32:39	2:10 min/100m	4:56	1:25:44	28.4 km/h	2:30	46:37	4:39 min/km	2:52:26	+54:00
170.	383	van Schijndel, Jacobus		MALE	60-64	GAC Gemert	31:08	2:04 min/100m	6:11	1:26:46	28.0 km/h	2:33	45:48	4:34 min/km	2:52:26	+54:00
171.	247	Mico González, José		MALE	40-44	CD Soria 9	27:57	1:51 min/100m	4:10	1:31:18	26.6 km/h	2:13	46:54	4:41 min/km	2:52:32	+54:06
172.	372	Finn, Sean		MALE	55-59	Cork Tri Club	32:15	2:08 min/100m	5:47	1:20:41	30.2 km/h	2:52	51:07	5:06 min/km	2:52:42	+54:16
173.	28	Arrocha Rodríguez, Noelia		FEMALE	30-34	C.D. CUATRO ELEMENTOS MD	29:59	1:59 min/100m	5:18	1:26:13	28.2 km/h	2:37	48:41	4:52 min/km	2:52:48	+54:22
174.	59	Male, Amanda		FEMALE	40-44		31:24	2:05 min/100m	5:38	1:25:32	28.4 km/h	3:15	47:05	4:42 min/km	2:52:54	+54:28
175.	299	Sánchez Rupérez, Juan		MALE	45-49	C.D. Tellolin	31:22	2:05 min/100m	4:49	1:25:12	28.6 km/h	2:28	49:04	4:54 min/km	2:52:55	+54:29
176.	158	García Hernández,		MALE	25-29	Vitalclass	28:10	1:52 min/100m	6:40	1:31:14	26.7 km/h	2:28	44:24	4:26 min/km	2:52:56	+54:30
177.	239	Brust, Andreas		MALE	40-44		27:13	1:48 min/100m	10:12	1:22:37	29.5 km/h	3:52	49:11	4:55 min/km	2:53:05	+54:39
178.	381	Goacher, Gary		MALE	60-64	Police Sport UK	28:17	1:53 min/100m	5:15	1:19:31	30.6 km/h	3:13	57:00	5:41 min/km	2:53:16	+54:50
179.	191	Cabrera Rodriguez, Jose		MALE	35-39	CD Soria 9	32:10	2:08 min/100m	4:42	1:29:22	27.2 km/h	1:54	45:17	4:31 min/km	2:53:25	+54:59
180.	201	Merino Garcia, Jorge		MALE	35-39	Loki Team	28:08	1:52 min/100m	8:00	1:24:37	28.8 km/h	2:34	50:38	5:03 min/km	2:53:57	+55:31
181.	392	Orlandi Morales, Marino		MALE	65-69	Independiente	28:42	1:54 min/100m	5:10	1:27:41	27.8 km/h	2:14	50:17	5:01 min/km	2:54:04	+55:38
182.	252	Artiles Nolasco, Angel		MALE	40-44	TENERIFE - ReACTIVITe FISIOTERAPIA -	34:58	2:19 min/100m	6:33	1:22:48	29.4 km/h	2:35	47:23	4:44 min/km	2:54:17	+55:51
183.	18	Falcon Noda, Jennifer		FEMALE	30-34		30:39	2:02 min/100m	5:27	1:26:45	28.1 km/h	2:34	48:54	4:53 min/km	2:54:19	+55:53
184.	163	Manrique Marques de		MALE	25-29	Vitalclass	31:43	2:06 min/100m	5:42	1:31:15	26.7 km/h	2:01	44:22	4:26 min/km	2:55:03	+56:37
185.	170	Paar, Maximilian		MALE	30-34	Team Triathlon Hamburg	27:30	1:49 min/100m	5:47	1:30:02	27.0 km/h	2:10	49:35	4:57 min/km	2:55:04	+56:38
186.	46	Mendez Rodriguez, Beatriz		FEMALE	35-39	TENERIFE - ReACTIVITe FISIOTERAPIA -	33:47	2:15 min/100m	4:23	1:30:07	27.0 km/h	2:10	44:48	4:28 min/km	2:55:15	+56:49
187.	186	Morán López, Eric		MALE	30-34		32:27	2:09 min/100m	6:19	1:26:06	28.3 km/h	4:10	46:15	4:37 min/km	2:55:17	+56:51
188.	307	Araujo Martínez, José		MALE	50-54		31:14	2:04 min/100m	6:06	1:27:03	28.0 km/h	2:52	48:05	4:48 min/km	2:55:20	+56:54
189.	352	Haverbeke, Filip		MALE	55-59		29:51	1:59 min/100m	5:34	1:28:13	27.6 km/h	1:29	50:33	5:03 min/km	2:55:40	+57:14
190.	192	Gonzalez Gomez, Ferran		MALE	35-39	LOKI TEAM	27:48	1:51 min/100m	8:30	1:25:51	28.3 km/h	2:55	50:40	5:03 min/km	2:55:44	+57:18
191.	242	Parrilla, Jose Maria		MALE	40-44		33:18	2:13 min/100m	5:11	1:26:29	28.1 km/h	3:49	47:06	4:42 min/km	2:55:53	+57:27
192.	167	van Schijndel, Tom		MALE	30-34	GAC Gemert	31:51	2:07 min/100m	6:58	1:21:45	29.8 km/h	2:59	52:31	5:15 min/km	2:56:04	+57:38
193.	227	Fagan, Daniel		MALE	40-44		28:27	1:53 min/100m	6:18	1:35:33	25.5 km/h	2:03	43:58	4:23 min/km	2:56:19	+57:53
194.	64	Zeh, Anne		FEMALE	45-49	EndureIQ	33:31	2:14 min/100m	4:52	1:28:07	27.6 km/h	2:05	48:23	4:50 min/km	2:56:58	+58:32
195.	373	Del Castillo Alonso,		MALE	60-64	INDEPENDIENTE	29:23	1:57 min/100m	4:25	1:29:13	27.3 km/h	2:30	51:30	5:09 min/km	2:57:01	+58:35



# Club La Santa Volcano Triathlon 2024

## Lista de Finalistas

Ran	Dor	Nombre	Nat.	Edad	Grupo	Club	Swim	Ritmo	T1	Bike	Ritmo	T2	Run	Ritmo	Finish	Dif
196.	208	Rodriguez Rodriguez,		MALE	35-39		34:47	2:19 min/100m	6:21	1:25:31	28.5 km/h	2:53	47:43	4:46 min/km	2:57:15	+58:49
197.	236	Ornia Vieites, Adrian		MALE	40-44	TENERIFE - ReACTIVITe FISIOTERAPIA -	28:03	1:52 min/100m	4:25	1:24:46	28.7 km/h	4:00	56:08	5:36 min/km	2:57:22	+58:56
198.	182	Velázquez Elbal, Luis J.		MALE	30-34		34:50	2:19 min/100m	7:58	1:28:38	27.5 km/h	4:11	41:53	4:11 min/km	2:57:30	+59:04
199.	86	Schleis, Sonja		FEMALE	50-54		36:36	2:26 min/100m	5:01	1:18:57	30.8 km/h	3:05	53:56	5:23 min/km	2:57:35	+59:09
200.	317	Morales Cabrera, Hector		MALE	50-54		35:11	2:20 min/100m	4:48	1:27:17	27.9 km/h	2:17	48:18	4:49 min/km	2:57:51	+59:25
201.	189	Nordmann, Dennis		MALE	30-34	Muldental Triathlon	30:58	2:03 min/100m	5:39	1:25:52	28.3 km/h	2:40	52:56	5:17 min/km	2:58:05	+59:39
202.	216	Guadalupe Rodríguez,		MALE	35-39	C.D. CUATRO ELEMENTOS MD	30:35	2:02 min/100m	5:21	1:30:52	26.8 km/h	2:34	48:44	4:52 min/km	2:58:06	+59:40
203.	321	Arnison, Iain		MALE	50-54	Total Transactions Triathlon Club	28:15	1:52 min/100m	5:29	1:28:30	27.5 km/h	2:33	53:22	5:20 min/km	2:58:09	+59:43
204.	152	Puértolas Garcia, Santiago		MALE	25-29	CLUB TRIDENTE TINAJO	29:58	1:59 min/100m	5:43	1:29:57	27.1 km/h	3:49	48:42	4:52 min/km	2:58:09	+59:43
205.	217	Martinez Gonzalez, Victor		MALE	35-39	CLUB DEPORTIVO TRIDAN	32:00	2:07 min/100m	6:14	1:31:33	26.6 km/h	2:00	46:47	4:40 min/km	2:58:34	+1:00:08
206.	6	Wieck, Angelika		FEMALE	25-29		29:12	1:56 min/100m	5:44	1:28:40	27.4 km/h	2:39	52:26	5:14 min/km	2:58:41	+1:00:15
207.	398	Stubager, Troels		MALE	70-74	Ringe TRI	28:45	1:54 min/100m	6:20	1:30:17	26.9 km/h	2:23	51:13	5:07 min/km	2:58:58	+1:00:32
208.	337	Domínguez Gonzalez,		MALE	50-54	CLUB NATACION METROPOLE	26:28	1:45 min/100m	5:55	1:27:44	27.7 km/h	4:00	54:58	5:29 min/km	2:59:05	+1:00:39
209.	138	Hilldrith, Tom		MALE	20-24		30:08	2:00 min/100m	8:31	1:29:58	27.0 km/h	2:27	48:03	4:48 min/km	2:59:07	+1:00:41
210.	160	Marques de Magallanes,		MALE	25-29		30:31	2:02 min/100m	5:35	1:31:51	26.5 km/h	4:17	47:02	4:42 min/km	2:59:16	+1:00:50
211.	44	Clark, Sarah		FEMALE	35-39		30:32	2:02 min/100m	5:38	1:29:51	27.1 km/h	3:08	50:24	5:02 min/km	2:59:33	+1:01:07
212.	330	Davies, Christopher		MALE	50-54	Total Transition Triathlon Wirral	32:30	2:09 min/100m	6:50	1:29:58	27.0 km/h	2:41	47:40	4:45 min/km	2:59:39	+1:01:13
213.	386	Huerta Garcia, Valentin		MALE	60-64	NS David Toro Watches	37:38	2:30 min/100m	5:38	1:25:21	28.5 km/h	2:16	49:01	4:54 min/km	2:59:54	+1:01:28
214.	39	Adkins, Sam		FEMALE	35-39		30:15	2:00 min/100m	5:47	1:26:44	28.1 km/h	2:43	54:41	5:28 min/km	3:00:10	+1:01:44
215.	184	Malone, John		MALE	30-34		31:50	2:07 min/100m	5:07	1:34:34	25.7 km/h	1:31	47:11	4:43 min/km	3:00:13	+1:01:47
216.	328	Verddaguer Busquets,		MALE	50-54		39:21	2:37 min/100m	8:53	1:14:22	32.7 km/h	3:43	54:15	5:25 min/km	3:00:34	+1:02:08
217.	89	Cardwell, Cheryl		FEMALE	50-54		32:11	2:08 min/100m	4:29	1:31:36	26.6 km/h	1:39	50:41	5:04 min/km	3:00:36	+1:02:10
218.	73	Fernández-Ochoa, Paula		FEMALE	45-49		39:24	2:37 min/100m	6:40	1:24:03	29.0 km/h	2:48	47:43	4:46 min/km	3:00:38	+1:02:12
219.	300	Danaher, James		MALE	45-49		29:46	1:59 min/100m	7:24	1:22:14	29.6 km/h	3:45	57:59	5:47 min/km	3:01:08	+1:02:42
220.	26	Schroeder, Svenja		FEMALE	30-34	Triathlon Team Hamburg	29:15	1:56 min/100m	4:36	1:32:00	26.4 km/h	1:51	53:26	5:20 min/km	3:01:08	+1:02:42
221.	155	Checa Álvarez, Jon		MALE	25-29		30:27	2:01 min/100m	7:22	1:25:33	28.4 km/h	2:58	55:13	5:31 min/km	3:01:33	+1:03:07
222.	57	Ray, Lucia		FEMALE	40-44	Triathlon club Trigether	32:39	2:10 min/100m	5:06	1:27:37	27.8 km/h	2:01	54:21	5:26 min/km	3:01:44	+1:03:18
223.	203	Fry, Sam		MALE	35-39		30:41	2:02 min/100m	6:08	1:33:39	26.0 km/h	2:42	49:18	4:55 min/km	3:02:28	+1:04:02
224.	333	Bindi, Paolo		MALE	50-54	Club Deportivo Triatlon Todo por un Sueño	32:32	2:10 min/100m	5:11	1:27:23	27.8 km/h	2:40	55:05	5:30 min/km	3:02:51	+1:04:25
225.	274	Queiruga Calo, Moncho		MALE	45-49	Azarud tinajo trali	33:34	2:14 min/100m	7:24	1:29:34	27.2 km/h	3:28	48:52	4:53 min/km	3:02:52	+1:04:26
226.	100	van Rumst, Thea		FEMALE	55-59		31:00	2:03 min/100m	5:50	1:29:33	27.2 km/h	2:24	54:52	5:29 min/km	3:03:39	+1:05:13
227.	105	Krimm, Doris		FEMALE	60-64	C.D. LATITUD 29°	29:02	1:56 min/100m	5:52	1:28:10	27.6 km/h	3:04	57:51	5:47 min/km	3:03:59	+1:05:33
228.	308	Martin Tarilonte, Mario		MALE	50-54	AGG	31:31	2:06 min/100m	4:59	1:35:23	25.5 km/h	2:44	49:59	4:59 min/km	3:04:36	+1:06:10
229.	259	Gaschet, Mathieu		MALE	40-44	C.T.CANDETLO	34:07	2:16 min/100m	6:28	1:19:41	30.5 km/h	3:31	1:01:20	6:07 min/km	3:05:07	+1:06:41
230.	340	Garvey, Declan		MALE	55-59		33:32	2:14 min/100m	5:44	1:27:53	27.7 km/h	2:21	55:38	5:33 min/km	3:05:08	+1:06:42
231.	173	Vilbazo Negrin, Victor		MALE	30-34	TRIHOA	30:58	2:03 min/100m	7:35	1:32:22	26.3 km/h	3:19	51:06	5:06 min/km	3:05:20	+1:06:54
232.	369	Mendieta Corral, Julio		MALE	55-59		38:49	2:35 min/100m	6:32	1:30:53	26.8 km/h	3:15	46:01	4:36 min/km	3:05:30	+1:07:04
233.	221	Culligan, James		MALE	35-39		26:49	1:47 min/100m	6:17	1:37:30	25.0 km/h	3:01	51:55	5:11 min/km	3:05:32	+1:07:06
234.	196	Toribio Cortina, Maurici		MALE	35-39	LOKI TEAM	31:33	2:06 min/100m	8:46	1:31:31	26.6 km/h	3:48	50:16	5:01 min/km	3:05:54	+1:07:28

# Club La Santa Volcano Triathlon 2024

## Lista de Finalistas

Ran	Dor	Nombre	Nat.	Edad	Grupo	Club	Swim	Ritmo	T1	Bike	Ritmo	T2	Run	Ritmo	Finish	Dif
235.	51	García Llorente, Eva		FEMALE	40-44	Tritagoro	31:53	2:07 min/100m	4:50	1:36:33	25.2 km/h	2:06	50:46	5:04 min/km	3:06:08	+1:07:42
236.	24	Laing, Emma		FEMALE	30-34	Edinburgh Triathlon Club	34:18	2:17 min/100m	6:52	1:34:22	25.8 km/h	3:12	47:25	4:44 min/km	3:06:09	+1:07:43
237.	320	Saunders, Christopher		MALE	50-54		34:03	2:16 min/100m	5:43	1:32:46	26.2 km/h	2:18	51:23	5:08 min/km	3:06:13	+1:07:47
238.	199	López Serrano, Sergio		MALE	35-39	LOKI TEAM	32:50	2:11 min/100m	8:14	1:31:23	26.6 km/h	3:33	50:14	5:01 min/km	3:06:14	+1:07:48
239.	47	Martel Martín, Cristina		FEMALE	35-39	Todo por un sueño	26:54	1:47 min/100m	4:50	1:36:35	25.2 km/h	3:00	55:14	5:31 min/km	3:06:33	+1:08:07
240.	10	Garrelts, Lena		FEMALE	25-29	Triathlon Team Hamburg	29:57	1:59 min/100m	4:05	1:33:57	25.9 km/h	2:06	56:35	5:39 min/km	3:06:40	+1:08:14
241.	318	Leiva Pacheco, Francisco		MALE	50-54		29:24	1:57 min/100m	8:30	1:32:32	26.3 km/h	2:33	54:16	5:25 min/km	3:07:15	+1:08:49
242.	202	Boyce, Daniel		MALE	35-39		39:51	2:39 min/100m	6:06	1:32:02	26.4 km/h	3:14	46:27	4:38 min/km	3:07:40	+1:09:14
243.	278	Nadolny, Sven		MALE	45-49	SV LUDWIGSBURG 08	32:36	2:10 min/100m	6:47	1:33:02	26.2 km/h	3:29	51:58	5:11 min/km	3:07:52	+1:09:26
244.	225	Cáceres Arocha, Alberto		MALE	40-44		37:06	2:28 min/100m	5:46	1:34:02	25.9 km/h	2:49	48:28	4:50 min/km	3:08:11	+1:09:45
245.	346	Martin, Lee		MALE	55-59	Pole Moor Tri Club	32:51	2:11 min/100m	4:54	1:28:52	27.4 km/h	2:17	59:43	5:58 min/km	3:08:37	+1:10:11
246.	104	Brouwer, Alie		FEMALE	60-64		37:40	2:30 min/100m	6:48	1:33:49	25.9 km/h	3:50	46:43	4:40 min/km	3:08:50	+1:10:24
247.	92	Mosquera Ginés, Úrsula		FEMALE	55-59	CLUB NATACION METROPOLE	28:48	1:55 min/100m	5:18	1:40:14	24.3 km/h	2:53	51:39	5:09 min/km	3:08:52	+1:10:26
248.	396	Pardo Jimeno, José María		MALE	65-69	Chamo Diaz	32:15	2:08 min/100m	7:17	1:35:00	25.6 km/h	4:28	49:59	4:59 min/km	3:08:59	+1:10:33
249.	156	Pérez Cebreros, Jorge		MALE	25-29		33:32	2:14 min/100m	5:47	1:26:29	28.1 km/h	2:10	1:01:17	6:07 min/km	3:09:15	+1:10:49
250.	157	Marzoa Camarero, Víctor		MALE	25-29		30:43	2:02 min/100m	8:11	1:37:58	24.8 km/h	3:47	48:37	4:51 min/km	3:09:16	+1:10:50
251.	178	Hargaden, Kevin		MALE	30-34		28:12	1:52 min/100m	7:16	1:34:28	25.8 km/h	2:59	56:42	5:40 min/km	3:09:37	+1:11:11
252.	397	Broadway, Steve		MALE	70-74	Swindon Wheelers	28:37	1:54 min/100m	6:06	1:33:31	26.0 km/h	2:57	58:56	5:53 min/km	3:10:07	+1:11:41
253.	357	Patzina, Roland		MALE	55-59		29:19	1:57 min/100m	5:51	1:37:56	24.8 km/h	2:53	54:31	5:27 min/km	3:10:30	+1:12:04
254.	42	Blanco de Frutos, Paloma		FEMALE	35-39		36:14	2:24 min/100m	6:31	1:38:51	24.6 km/h	2:31	46:27	4:38 min/km	3:10:34	+1:12:08
255.	391	Staines, Laurence		MALE	65-69		28:33	1:54 min/100m	6:36	1:30:01	27.0 km/h	3:22	1:02:08	6:12 min/km	3:10:40	+1:12:14
256.	385	Dinsdale, Mark		MALE	60-64	Tuff Fitty UK	31:28	2:05 min/100m	7:15	1:32:15	26.4 km/h	3:25	56:18	5:37 min/km	3:10:41	+1:12:15
257.	67	Sanchez Sosa, Yaiza		FEMALE	45-49	CD Soria 9	42:05	2:48 min/100m	6:02	1:30:53	26.8 km/h	2:35	49:11	4:55 min/km	3:10:46	+1:12:20
258.	16	Uttrup, Louise		FEMALE	30-34	Holstebro Triatlonklub	29:11	1:56 min/100m	5:00	1:30:02	27.0 km/h	3:03	1:04:27	6:26 min/km	3:11:43	+1:13:17
259.	137	Mackenzie Penney, Zak		MALE	20-24		33:42	2:14 min/100m	4:57	1:41:22	24.0 km/h	1:47	50:31	5:03 min/km	3:12:19	+1:13:53
260.	174	Sumner, Brendan		MALE	30-34		33:40	2:14 min/100m	5:19	1:37:49	24.9 km/h	2:38	53:19	5:19 min/km	3:12:45	+1:14:19
261.	269	Casanova Blancas,		MALE	45-49	Sports Club Tripate	31:06	2:04 min/100m	6:04	1:30:38	26.8 km/h	3:21	1:01:43	6:10 min/km	3:12:52	+1:14:26
262.	99	Wentink, Natasja		FEMALE	55-59		36:36	2:26 min/100m	7:26	1:35:19	25.5 km/h	3:21	50:37	5:03 min/km	3:13:19	+1:14:53
263.	354	Scharnagl, Josef		MALE	55-59	BaderMainzl TriTeam TSV 1860	34:23	2:17 min/100m	7:10	1:34:41	25.7 km/h	3:11	53:56	5:23 min/km	3:13:21	+1:14:55
264.	245	Merida Ascencion,		MALE	40-44	Swim Lanzarote	33:45	2:14 min/100m	5:43	1:34:11	25.8 km/h	2:47	57:04	5:42 min/km	3:13:30	+1:15:04
265.	377	Ahmann, Clemens		MALE	60-64		41:05	2:44 min/100m	8:20	1:25:12	28.6 km/h	3:31	56:04	5:36 min/km	3:14:12	+1:15:46
266.	336	Manrique Pérez, Javier		MALE	50-54	CD CORREAYO SPAR TENERIFE	40:05	2:40 min/100m	5:38	1:35:27	25.5 km/h	3:53	50:18	5:01 min/km	3:15:21	+1:16:55
267.	365	Schäfer, Jürgen		MALE	55-59		35:17	2:21 min/100m	5:23	1:24:41	28.7 km/h	12:58	57:26	5:44 min/km	3:15:45	+1:17:19
268.	393	Cox, Nigel		MALE	65-69		30:45	2:02 min/100m	5:10	1:34:21	25.8 km/h	2:28	1:03:25	6:20 min/km	3:16:09	+1:17:43
269.	294	Shaw, Martin		MALE	45-49	Total Transition Triathlon	29:31	1:58 min/100m	6:53	1:28:45	27.4 km/h	5:07	1:06:06	6:36 min/km	3:16:22	+1:17:56
270.	35	Dirand, Sara		FEMALE	30-34		37:52	2:31 min/100m	8:05	1:32:44	26.2 km/h	2:51	55:09	5:30 min/km	3:16:41	+1:18:15
271.	38	Laidler, Ash		FEMALE	35-39		33:11	2:12 min/100m	6:10	1:41:53	23.9 km/h	2:56	52:42	5:16 min/km	3:16:52	+1:18:26
272.	295	Veen, Leonardo		MALE	45-49		31:53	2:07 min/100m	9:09	1:34:58	25.6 km/h	3:12	58:49	5:52 min/km	3:18:01	+1:19:35
273.	162	Quintana Naranjo, Víctor		MALE	25-29		32:17	2:09 min/100m	6:28	1:38:53	24.6 km/h	2:20	58:14	5:49 min/km	3:18:12	+1:19:46

# Club La Santa Volcano Triathlon 2024

## Lista de Finalistas

Ran	Dor	Nombre	Nat.	Edad	Grupo	Club	Swim	Ritmo	T1	Bike	Ritmo	T2	Run	Ritmo	Finish	Dif
274.	70	Glencrose, Sarah		FEMALE	45-49		32:51	2:11 min/100m	5:27	1:44:00	23.4 km/h	2:49	53:18	5:19 min/km	3:18:25	+1:19:59
275.	52	Quintana Hernandez Abad,		FEMALE	40-44	ANTHUS TRIATLON	34:24	2:17 min/100m	4:49	1:42:58	23.6 km/h	2:26	54:00	5:24 min/km	3:18:37	+1:20:11
276.	258	York, Mark		MALE	40-44	Rochdale	26:54	1:47 min/100m	7:24	1:36:50	25.1 km/h	3:21	1:04:31	6:27 min/km	3:19:00	+1:20:34
277.	48	Becerra Torlay, Gladys		FEMALE	40-44		32:54	2:11 min/100m	5:58	1:43:31	23.5 km/h	2:33	54:05	5:24 min/km	3:19:01	+1:20:35
278.	322	Pais Lorenzo, Jorge Adan		MALE	50-54	TAJINORIO	35:58	2:23 min/100m	7:46	1:36:02	25.3 km/h	2:58	56:26	5:38 min/km	3:19:10	+1:20:44
279.	53	Watson, Fiona		FEMALE	40-44		42:28	2:49 min/100m	7:00	1:39:52	24.4 km/h	2:17	47:38	4:45 min/km	3:19:15	+1:20:49
280.	144	Sánchez Atienza, Adrián		MALE	25-29		36:04	2:24 min/100m	6:32	1:41:42	23.9 km/h	2:56	53:10	5:18 min/km	3:20:24	+1:21:58
281.	20	Ungermand, Signe		FEMALE	30-34		35:21	2:21 min/100m				2:18:55	1:02:40	6:16 min/km	3:21:35	+1:23:09
282.	358	Kinsella, Paul		MALE	55-59		32:49	2:11 min/100m	6:05	1:42:06	23.8 km/h	2:52	57:45	5:46 min/km	3:21:37	+1:23:11
283.	345	Mosin, Sergey		MALE	55-59	FERRUM TRIATHLON	40:39	2:42 min/100m	5:43	1:33:04	26.1 km/h	4:12	58:03	5:48 min/km	3:21:41	+1:23:15
284.	61	Czubinska-Grodecka,		FEMALE	40-44	TRI FUN DORA	33:57	2:15 min/100m	4:59	1:42:53	23.6 km/h	2:57	57:10	5:42 min/km	3:21:56	+1:23:30
285.	183	McPhillips, Mark		MALE	30-34		38:00	2:31 min/100m	5:43	1:30:36	26.9 km/h	2:46	1:04:52	6:29 min/km	3:21:57	+1:23:31
286.	15	Brady, Ruby		FEMALE	25-29		32:45	2:10 min/100m	5:50	1:39:55	24.3 km/h	1:46	1:01:55	6:11 min/km	3:22:11	+1:23:45
287.	43	Curbelo Torres, Laura		FEMALE	35-39	TENERIFE - ReACTIVITe FISIOTERAPIA -	32:34	2:10 min/100m	4:46	1:46:38	22.8 km/h	2:45	56:01	5:36 min/km	3:22:44	+1:24:18
288.	399	Jones, Terry		MALE	70-74	Triathlon Coaching Wales	28:12	1:52 min/100m	6:40	1:43:09	23.6 km/h	3:41	1:01:19	6:07 min/km	3:23:01	+1:24:35
289.	60	Blanalt, Sandy		FEMALE	40-44	Vadebici	30:35	2:02 min/100m	7:03	1:50:12	22.1 km/h	3:32	52:06	5:12 min/km	3:23:28	+1:25:02
290.	108	Stubager, Susanne		FEMALE	60-64	Ringe TRI	29:57	1:59 min/100m	7:24	1:40:10	24.3 km/h	2:36	1:03:28	6:20 min/km	3:23:35	+1:25:09
291.	135	Díaz Burguete, Daniel		MALE	20-24	Ohana	36:55	2:27 min/100m	6:08	1:31:49	26.5 km/h	3:43	1:05:22	6:32 min/km	3:23:57	+1:25:31
292.	389	Brown, Bill		MALE	65-69		34:03	2:16 min/100m	7:19	1:42:28	23.7 km/h	3:31	57:18	5:43 min/km	3:24:39	+1:26:13
293.	272	Sánchez García, Manuel		MALE	45-49	Sports Club Tripate	35:17	2:21 min/100m	7:26	1:45:08	23.1 km/h	2:20	54:35	5:27 min/km	3:24:46	+1:26:20
294.	96	Kalashnikoff, Maria		FEMALE	55-59		44:02	2:56 min/100m	7:00	1:28:39	27.4 km/h	4:09	1:01:17	6:07 min/km	3:25:07	+1:26:41
295.	326	Rodriguez Hernandez,		MALE	50-54	INDEPENDIENTE	27:47	1:51 min/100m	5:51	1:43:27	23.5 km/h	2:46	1:05:20	6:32 min/km	3:25:11	+1:26:45
296.	45	Sloth, Jane		FEMALE	35-39		41:28	2:45 min/100m	6:28	1:39:19	24.5 km/h	2:47	56:01	5:36 min/km	3:26:03	+1:27:37
297.	56	Rapp, Natalie		FEMALE	40-44		34:38	2:18 min/100m	7:03	1:40:40	24.2 km/h	3:05	1:00:59	6:05 min/km	3:26:25	+1:27:59
298.	22	Lizarraga Rodriguez, Rocio		FEMALE	30-34		39:22	2:37 min/100m	8:22	1:36:52	25.1 km/h	4:15	57:40	5:45 min/km	3:26:31	+1:28:05
299.	176	Garcia Marquez, Javier		MALE	30-34		39:25	2:37 min/100m	8:20	1:36:55	25.1 km/h	5:30	56:21	5:38 min/km	3:26:31	+1:28:05
300.	159	Apolinario Ponce, Pablo		MALE	25-29		33:02	2:12 min/100m	8:40	1:48:36	22.4 km/h	2:02	54:12	5:25 min/km	3:26:32	+1:28:06
301.	95	Hall, Sarah		FEMALE	55-59	CLUB TRI MITTERSILL	30:48	2:03 min/100m	5:32	1:45:26	23.1 km/h	2:37	1:02:34	6:15 min/km	3:26:57	+1:28:31
302.	58	York, Davinia		FEMALE	40-44	Rochdale	35:51	2:23 min/100m	7:38	1:34:59	25.6 km/h	4:10	1:04:37	6:27 min/km	3:27:15	+1:28:49
303.	286	Arns, Werner		MALE	45-49		40:01	2:40 min/100m	7:44	1:36:48	25.1 km/h	4:10	58:41	5:52 min/km	3:27:24	+1:28:58
304.	102	Galindo Calderón, María		FEMALE	60-64	CLUB NATACION METROPOLE	32:15	2:08 min/100m	6:25	1:44:51	23.2 km/h	3:58	1:00:13	6:01 min/km	3:27:42	+1:29:16
305.	71	Cruz Cabrera, Nayra		FEMALE	45-49	C.T.CANDETLON	33:33	2:14 min/100m	6:11	1:41:28	24.0 km/h	2:22	1:04:09	6:24 min/km	3:27:43	+1:29:17
306.	241	Ramos Cabrera, Samuel		MALE	40-44		38:56	2:35 min/100m	5:41	1:39:42	24.4 km/h	4:03	59:23	5:56 min/km	3:27:45	+1:29:19
307.	277	Chinea Garcia, Cristo		MALE	45-49	TXTM	34:02	2:16 min/100m	6:17	1:40:47	24.1 km/h	4:57	1:02:57	6:17 min/km	3:29:00	+1:30:34
308.	106	Roebuck, Tess		FEMALE	60-64		39:31	2:38 min/100m	6:20	1:42:16	23.8 km/h	4:35	57:31	5:45 min/km	3:30:13	+1:31:47
309.	80	Moody-Smith, Victoria		FEMALE	50-54	Total Transition Triathlon Club	34:30	2:17 min/100m	7:22	1:44:46	23.2 km/h	3:42	1:00:42	6:04 min/km	3:31:02	+1:32:36
310.	266	González Víboras, David		MALE	40-44		31:07	2:04 min/100m	7:35	1:54:38	21.2 km/h	3:16	54:57	5:29 min/km	3:31:33	+1:33:07
311.	29	Lindsay, Alice		FEMALE	30-34		33:53	2:15 min/100m	6:54	1:44:56	23.2 km/h	3:35	1:02:29	6:14 min/km	3:31:47	+1:33:21
312.	94	Finneran, Fiona		FEMALE	55-59	The Tri Guys	44:51	2:59 min/100m	6:17	1:41:53	23.9 km/h	3:26	55:55	5:35 min/km	3:32:22	+1:33:56



# Club La Santa Volcano Triathlon 2024

## Lista de Finalistas

Ran	Dor	Nombre	Nat.	Edad	Grupo	Club	Swim	Ritmo	T1	Bike	Ritmo	T2	Run	Ritmo	Finish	Dif
313.	110	Bang, Sol Solveig		FEMALE	65-69	SWIM LANZAROTE	33:37	2:14 min/100m	6:36	1:48:51	22.3 km/h	3:28	59:59	5:59 min/km	3:32:31	+1:34:05
314.	93	Stolk - van Tricht, Petra		FEMALE	55-59	Trispiration - Triathlon Soest	35:35	2:22 min/100m	7:14	1:42:18	23.8 km/h	4:06	1:05:37	6:33 min/km	3:34:50	+1:36:24
315.	194	Haider, Kerri		FEMALE	35-39		40:11	2:40 min/100m	6:56	1:51:10	21.9 km/h	4:10	55:12	5:31 min/km	3:37:39	+1:39:13
316.	63	Arns-Rütter, Friederike		FEMALE	45-49		39:05	2:36 min/100m	7:03	1:47:40	22.6 km/h	4:45	59:11	5:55 min/km	3:37:44	+1:39:18
317.	11	Youngs, Emily		FEMALE	25-29		39:03	2:36 min/100m	7:58	1:46:01	22.9 km/h	1:50	1:02:54	6:17 min/km	3:37:46	+1:39:20
318.	344	Ball, Tony		MALE	55-59	Dursley Running Club Tri	41:00	2:43 min/100m	9:00	1:33:58	25.9 km/h	4:34	1:09:48	6:58 min/km	3:38:20	+1:39:54
319.	55	Díaz Castellano, Lourdes		FEMALE	40-44	C.D. Beattraining	39:01	2:36 min/100m	5:25	1:47:56	22.5 km/h	3:36	1:02:40	6:16 min/km	3:38:38	+1:40:12
320.	82	Bannink, Liane		FEMALE	50-54		39:33	2:38 min/100m	6:23	1:41:44	23.9 km/h	5:27	1:06:39	6:39 min/km	3:39:46	+1:41:20
321.	88	Grande, Monia		FEMALE	50-54	TRIGIRL	36:43	2:26 min/100m	8:29	1:51:53	21.7 km/h	4:40	58:15	5:49 min/km	3:40:00	+1:41:34
322.	33	Mederos Cebreros, Ana		FEMALE	30-34		38:56	2:35 min/100m	6:13	1:49:49	22.1 km/h	2:59	1:02:49	6:16 min/km	3:40:46	+1:42:20
323.	387	Jackson, Martin		MALE	60-64		34:12	2:16 min/100m	6:37	2:03:27	19.7 km/h	3:15	55:02	5:30 min/km	3:42:33	+1:44:07
324.	76	Raabe, Gaby		FEMALE	45-49	SRL Triathlon Koblenz	49:12	3:16 min/100m	8:21	1:40:13	24.3 km/h	4:22	1:03:37	6:21 min/km	3:45:45	+1:47:19
325.	79	Moran Criado, Isabel		FEMALE	50-54	C.D. Beattraining	35:58	2:23 min/100m	6:19	1:51:19	21.8 km/h	3:53	1:11:33	7:09 min/km	3:49:02	+1:50:36
326.	375	Haiser, William		MALE	60-64	Redcaps SLSC	32:13	2:08 min/100m		2:39:07	15.3 km/h	7:48	1:02:12	6:13 min/km	3:49:07	+1:50:41
327.	187	Agüero Felix, Enrique		MALE	30-34		28:55	1:55 min/100m	7:54	2:18:58	17.5 km/h	3:27	56:24	5:38 min/km	3:55:38	+1:57:12
328.	145	Regojo, Tomás		MALE	25-29	Vitalclass	39:07	2:36 min/100m	6:39	2:11:35	18.5 km/h	2:33	56:40	5:39 min/km	3:56:34	+1:58:08
329.	90	Wilson, Gillian		FEMALE	50-54	Raven	38:44	2:34 min/100m	10:19	1:49:49	22.2 km/h	5:05	1:12:51	7:17 min/km	3:56:48	+1:58:22
330.	101	Jackson, Jane		FEMALE	55-59	Birmingham Running, Athletics & Triathlon	53:42	3:34 min/100m	8:00	1:51:55	21.7 km/h	3:40	1:00:58	6:05 min/km	3:58:15	+1:59:49
331.	68	Quick, Merwyn		FEMALE	45-49	Team Passion Fit	47:03	3:08 min/100m	7:41	1:51:27	21.8 km/h	3:47	1:12:51	7:17 min/km	4:02:49	+2:04:23
332.	83	Zdravkovic, Milena		FEMALE	50-54	Sporticus	32:26	2:09 min/100m	8:17	2:08:56	18.9 km/h	6:47	1:07:13	6:43 min/km	4:03:39	+2:05:13
333.	98	Kruimel, Dop		FEMALE	55-59	Trispiration	41:01	2:44 min/100m	10:52	1:49:37	22.2 km/h	5:51	1:17:39	7:45 min/km	4:05:00	+2:06:34
334.	400	Loenborg, Bjarne		MALE	75-79		1:03:25	4:13 min/100m	7:12	1:42:38	23.7 km/h	5:08	1:19:16	7:55 min/km	4:17:39	+2:19:13
335.	384	Flynn, Alan		MALE	60-64		39:15	2:36 min/100m	11:53	2:04:34	19.5 km/h	4:41	1:20:02	8:00 min/km	4:20:25	+2:21:59

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